

4-H UPDATE

4-H Grows
Here

Midway District 4-H Newsletter

MIDWAY DISTRICT 4-H PROGRAM represents
ELLSWORTH AND RUSSELL AREA 4-H CLUBS

ELLSWORTH OFFICE
210 N. Kansas Ave.
Ellsworth, KS 67439
(785) 472-4442

RUSSELL OFFICE
309 S. Fossil Ave.
Russell, KS 67665
(785) 483-3157

Midway District Staff



Karrie Van Winkle

4-H Youth Development
karrievan@ksu.edu



Clint Laflin

Livestock
cllaflin@ksu.edu



Jessica Kootz

Family and Consumer Sciences
jessicak@ksu.edu



Craig Dinkel

Crops/Horticulture
cadinkel@ksu.edu



Kaitlin May

Office Professional-Russell
kaitlinmay2004@ksu.edu



Rutika Bhakda

Office Professional-Ellsworth
rutikab@ksu.edu



Kansas Youth Leadership Forum (KYLf) was held on November 18-19th at Rock Springs Ranch. Before attending KYLF, Kierra Eck and Hailey Gier, applied to be a Kansas 4-H Youth Council Representative and National Conference Delegates. This process included completing an application and asking for a letter of reference. Once

accepted, they were asked to do a zoom interview. Kierra and Hailey were then asked to give a three-minute speech in front of the Northwest Region of the state at KYLF. While at the forum, those Northwest Region members then vote for candidates to represent them for their region and at the national conference. Each region has three youth that are Kansas 4-H Youth Council Representatives and five other members will be National Conference Delegates for two years.

Congratulations to Kierra Eck and Hailey Gier on be National Conference Delegates! Midway Extension District is proud of all your hard work and dedication. We know you both will do a great job of representing Midway District. Both will be traveling to Washington D.C. in the spring for the national conference.

Karrie Van Winkle



Russell Report



2023-2024 RS County 4-H Council Officers

President
Kierra Eck

Vice President
Conner Miller

Secretary
Katelyn Haddock

Treasurer
Teagen Pfeifer

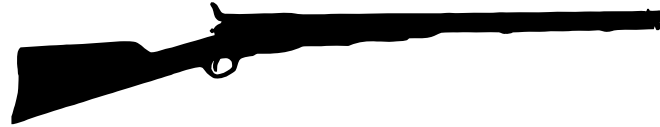
Reporter
Charlie Herbel

4-H Council Meeting
January 22 at 7:00pm

Be prepared for these
meetings with officer and
committee reports!

Russell Fair Board Meeting
December 11 at 7:00pm

4-H Junior Leaders
January 22 at 6:00pm



Shooting Sports practice will
be starting soon. Watch for
more information.

Ambassadors!

Congratulations to our 2023-2024
4-H Ambassadors!

Leader: Janella Eck
Kierra Eck
Hailey Gier

Be sure to ask these ladies what
they can do for your club to help
promote 4-H!



Ellsworth Events



2023-2024 EW County 4-H Council Officers

President
Molly Ehrlich

Vice President
Ashlyn Schwerdtfeger

Secretary
Brelyn Zier

Treasurer
Addie Janzen

Reporter
Josey Norris

4-H Council Meeting
February 26 at 6:30pm

Be prepared for these
meetings with officer and
committee reports!

Fair Association Meeting
December 4 at 7:00pm

EW Junior Leaders Meeting
January 29 at 6:15pm



Shooting Sports practice will be starting soon. Keep an eye out for more information



Junior Leaders

If you are 12 years and up or in 6th-12th grade and enrolled in the Leadership project, be sure to contact Junior Leaders advisors, Tobina Norris and Paula Svaty, for more information!



Family Resource Page



Many of the events and paperwork- most definitely the paperwork- for 4-H can be overwhelming for new 4-H families! This page will be used to highlight things that may be helpful to know in regard to upcoming events, deadlines, and necessary documents. Your Club Leader is also a great resource!

What is the Favorite Foods Show?

The Favorite Foods show combines planning an event with learning about nutritional value and setting a table. The Extension Office has a handbook that can provide additional information. This can be found [HERE](#).

- Pick a dish that is your favorite! It can represent any course of a meal. You will need to have the recipe turned in by January 10th.
- Pick a theme and create an event based off of your recipe.
- Plan your place setting (card table-sized) to tie into your theme.
- Plan your menu around your theme and particular favorite recipe.
- On January 21st, you will set up your place setting, include your menu, and prepare your selected recipe. During a consultative judging, you will have the opportunity to share your idea, recipe, and place setting with a judge for constructive feedback.

Favorite Foods Show coming January 21!

What is Club Day?

Club Day is an opportunity for 4-H members to demonstrate their talents in several different areas in front of judges and other 4-H members and families. Club Day will be held Sunday, February 25. Members must be enrolled in 4-H Online by December 1 to participate in Club Day. Club Day entries are due to the extension office by Wednesday, January 24. There is also a handbook for this available at the Extension office and on our website [HERE](#).

Categories include:

- Project Talk
- Show and Tell
- Demonstration
- Illustrated Talk
- Public Speaking
- Talent (dancing, skits, magic tricks, etc.)
- Singing
- Instrumental Skills
- Reading
- Resume/Interview
- Model Meetings



Learning Center



LEADERS.... DID YOU...

REVIEW

- 4-H Update Important Dates/Deadlines (Calendar)

TO DO

- Check mailbox at the Extension Office
- Report from 4-H Council Meetings
- Provide any leadership changes to the Extension Office ASAP
- Update Volunteer Renewal information

PROMOTE/RECRUIT

- 4-H members: ask a friend to attend meetings
- Encourage current 4-H members to review and complete applications for KYLF, Citizenship in Action, Citizenship Washington Focus
- Remind all 4-H members and parents who are volunteers to enroll via 4-H Online
- The Extension Office has a copy of the Cloverbud handbook for each club- please provide this resource to your club Cloverbuds
- Provide officers and clubs leadership updates as soon as possible to the Extension Office

Volunteers are key to the 4-H program. They enable the 4-H program to grow and thrive. These individuals donate their time, efforts and skills so that the Midway District 4-H program can excel. Staff and parents trust these volunteers to have the best interests of young people at heart.

Safety of young people is shared responsibility between volunteers, Extension staff, K-State Research and Extension, and the state. We need to do our best to protect young people through the implementation of a youth protection system. In Kansas, the youth protection system is the Kansas 4-H Volunteer Screening process.

The first step should be completing a profile on 4-H online. If your family uses the Kansas 4-H Online system at <https://v2.4honline.com>, you already have a family account. Login to your family and add yourself as a new family member if you don't already have an adult profile. If your family has never used 4-H Online, you will need to create a new family account before creating an adult profile for yourself. The following resource may assist you: New Adult Volunteer Enrollment

Complete the Kansas 4-H Volunteer Orientation available through Kansas 4-H Online or in person through your local Extension office.

After completing the Kansas 4-H Volunteer Orientation, notify the Extension office about completing the training, schedule an interview appointment, and get started on the required Criminal background check.

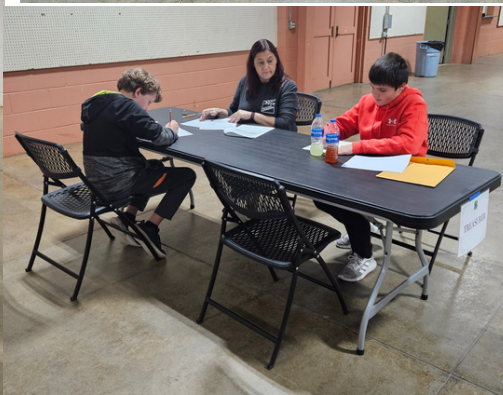
Once all these steps are complete and no problems or concerns are found, your name will be presented to the local Extension Board for approval and appointment as a 4-H volunteer for our program.



4-H in the News



Officer Training was held on November 27th at the Russell 4-H Building. Midway District collaborated with Cottonwood District (Barton and Ellis counties). We had volunteers lead each of the officer sessions. This event allows members to learn more information about their elected office. They will take back what they learned to their clubs.





4-H Happenings



JUNIOR SWINE AND MEAT GOAT PRODUCER DAYS

K-State **Junior Sheep** Producer Day is **Saturday, March 16**. **Junior Beef** Producer Day is **Saturday, March 2**. Both events take place in Weber Arena on the Kansas State University campus in Manhattan. These educational events are organized by the K-State Youth Livestock Program. All ages and skill levels are invited to increase knowledge related to the goat project.


Save the Date

Spring Weigh In

February 17, 2024 at Ellsworth Animal Health 8-11am
February 18, 2024 at Russell Veterinary Service- 2-5pm



Join us for K-State Junior Sheep Producer Day on Saturday, March 16, 2024, in Weber Hall on the Kansas State University campus. Presentations and demonstrations will be provided by featured guests, as well as K-State faculty, staff, and students. This event will be a fun-filled, educational day of activities in which youth, parents, extension agents, and sheep project leaders can increase their knowledge of youth sheep project selection and management. Topics include project selection, nutrition and feeding, facilities, health, reproduction, meat science, wool, clipping and grooming, showmanship, and an optional YQCA certification at the end of the day. This event is designed for all ages and skill levels. Lunch is included. The registration fee is \$20/person for those who sign up by February 26, or \$25/person for those who register after that date. Only those who register by February 26 will receive a t-shirt. This is a family event! Anyone attending, including both youth and adults, must register.



SCAN ME!

Tentative Schedule

8:30AM Check-in & Registration
 9:30AM Welcome
 9:45AM Project Selection
 10:30AM Morning Breakout Sessions
 - Nutrition, Facilities & Equipment, Starter Flock
 LUNCH
 12:45PM Health
 1:30PM Afternoon Breakout Sessions
 - Wool, Showmanship, Clipping & Grooming
 3:45PM Wrap-up & Dismissal
 4:00PM YQCA Certification & State Livestock Nominations (optional)



Registration Deadline

FEB. 26

Registration

Registration Deadline: February 26
 Registration Fee: \$20/person
 Registration Link: <http://bit.ly/kstunregister>
 Late Registration: \$25/person

*All attendees must register, including youth & adults.
 **Late registrants will not receive a t-shirt.
 ***To register by mail, contact Lexie for a form.

K-State Research and Extension and the Department of Animal Sciences & Industry, or their assignees, reserve the right to photograph, record the image and/or voice of participants for future research, educational, or promotional purposes. By attending, you provide consent to the above terms and waive all rights to claims for payment or royalties in connection with any use of said images or recordings. Any youth event organizers you withhold consent, in writing, prior to the event.

Questions
Lexie Hayes
785-532-1264
adhayes@ksu.edu



JUDGES TRAINING

Registration Due
January 3rd

To register
Use the link or QR code.

https://kstate.qualtrics.com/jfe/form/SV_5d8c2PUfrrxhYoK



MONDAY, JAN. 15
10:30AM TO 3:00PM

\$10 Fee - Lunch Provided
Pay at the door

JUDGING AREAS:
 STYLE REVUE
 PHOTOGRAPHY
 CLOTHING
 FIBER ARTS
 FOODS AND NUTRITION
 RABBITS
 HORTICULTURE & CROPS
 VISUAL ARTS
 WOODWORKING
 WILDLIFE
 SHOOTING SPORTS
 STEM

LOCATION

Western
 Research Center
 1232 240th Ave
 Hays KS, 67601

K-STATE
Research and Extension

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Karrie Van Winkle two weeks prior to the start of the event at 785-483-5137 and karrievan@ksu.edu. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.



Program

Join us March 2, 2024, for the K-State Junior Beef Producer Day in Weber Arena on the Kansas State University campus. This event will be a fun-filled, educational day of activities in which youth, parents, beef project leaders, and extension agents can expand their knowledge of youth beef projects. Presentations and demonstrations by K-State faculty, staff, K-State livestock judging team members, and guest speakers will cover topics such as selection, nutrition, meat science, reproduction, health, grooming, and showmanship. An optional YQCA certification session will be offered at the end of the day. A complimentary lunch and t-shirt (early registrations) will be provided. The registration fee is \$20/person for those who sign up by February 12 and \$25 for those who register after the deadline. Only those who register by February 12 will receive a t-shirt. This is a family event! Anyone attending must register, including youth and adults.



Registration Due

FEB. 12



Questions
LEXIE HAYES
K-STATE RESEARCH & EXTENSION
785-532-1264
adhayes@ksu.edu

Tentative Schedule

8:00AM Check-in & Registration
 9:30AM Welcome
 9:45AM Project Selection
 10:30AM Morning Breakout Sessions
 - Nutrition, Meat Science, Daily Hair Care, Clipping & Fitting
 LUNCH
 1:00PM Afternoon Breakout Sessions
 - Health, Reproduction, Showmanship
 3:15PM Wrap-up & Dismissal
 3:30PM YQCA Certification & State Livestock Nominations (optional)

Registration

Registration Deadline: February 12
 Registration Fee: \$20/person
 Registration Link: <http://bit.ly/kstunregister>
 Late Registration: \$25/person after February 12

*All attendees must register, including youth & adults.
 **Late registrants will not receive a t-shirt.
 ***To register by mail, contact Lexie for a paper registration form.



Scan Me!

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Upcoming Events



December 1

4-H Online Enrollment Due
to do District Club Day

Dec. 25 - Jan. 1

Offices are Closed for
Holidays

January 10

Favorite Food Show
Recipe Due

January 15

Office Closed - Martin
Luther Jr. Day

January 21

Favorite Food Show

January 24

District Club Day Entries
Due

Upcoming Events: Be sure
to regularly check the
Midway District website
for upcoming shows and
clinics.

[www.midway.k-
state.edu/events/areasho
ws.html](http://www.midway.k-state.edu/events/areashows.html)



www.facebook.com/Midway4H
www.facebook.com/MidwayKSRE



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@ksre_midway

If you would prefer receiving this newsletter
via mail (in addition to the email and posted
version), call the Extension Office at (785)
483-3157 and we will add you to the mailing
list.

Karrie will be working in the Ellsworth Office

December 1

December 14

December 20

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December 2023

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,
LS-Lonestar, SF-Sunflower, SS-Shooting Sports,
TT-Trying Tomatoes, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 4-H ONLINE ENTRY DEADLINE FOR CLUB DAYS	2
3 Club Meetings: BC	4 Club Meetings: ECFA Meeting	5	6	7	8	9
10	11 Club Meetings: RS Fairboard	12	13	14 Extension Board Meeting - EW	15	16
17 Club Meetings: AC/WW/LS/SF EW Jr. Leaders	18 Club Meetings: CL Club Meeting RS Jr. Leaders EW Council	19	20 Club Meeting: WCV	21	22	23
24 Christmas Eve Club Meetings: EH/TT	25 Christmas OFFICE CLOSED	26 OFFICE CLOSED	27 OFFICE CLOSED	28 OFFICE CLOSED	29 OFFICE CLOSED	30

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January 2024

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,
LS-Lonestar, SF-Sunflower, SS-Shooting Sports,
TT-Trying Tomatoes, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 New Year's Eve	1 OFFICE CLOSED NEW YEAR'S DAY HOLIDAY Club Meetings: ECFA Meeting	2	3	4	5	6
7 Club Meetings: BC	8 Club Meetings: RS Fairboard	9	10 FAVORITE FOODS RECIPE/ENTRY	11 Extension Board Meeting - RS	12	13
14	15 ML King Day OFFICES CLOSED Club Meetings: CL Club Meeting	16	17 Club Meetings: WCV	18	19	20
21 FAVORITE FOODS SHOW CM: AC/WW/LS/SF EW Jr. Leaders	22 Club Meetings: RS Council	23	24 Club Day Entries Due	25	26	27
28 Club Meetings: TT/EH	29	30	31			