Kansas Youth Leadership Forum (KYLF) was held on November 18-19th at Rock Springs Ranch. Before attending KYLF, Kierra Eck and Hailey Gier, applied to be a Kansas 4-H Youth Council Representative and National Conference Delegates. This process included completing an application and asking for a letter of reference. Once accepted, they were asked to do a zoom interview. Kierra and Hailey were then asked to give a three-minute speech in front of the Northwest Region of the state at KYLF. While at the forum, those Northwest Region members then vote for candidates to represent them for their region and at the national conference. Each region has three youth that are Kansas 4-H Youth Council Representatives and five other members will be National Conference Delegates for two years.

Congratulations to Kierra Eck and Hailey Gier on being National Conference Delegates! Midway Extension District is proud of all your hard work and dedication. We know you both will do a great job of representing Midway District. Both will be traveling to Washington D.C. in the spring for the national conference.

Karrie Van Winkle
4-H Junior Leaders
January 22 at 6:00pm

Russell Fair Board Meeting
December 11 at 7:00pm

4-H Junior Leaders
January 22 at 6:00pm

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4-H Council Meeting
January 22 at 7:00pm

Be prepared for these meetings with officer and committee reports!

******************
4-H Junior Leaders
January 22 at 6:00pm

Ambassadors!
Congratulations to our 2023-2024 4-H Ambassadors!

Leader: Janella Eck
Kierra Eck
Hailey Gier

Be sure to ask these ladies what they can do for your club to help promote 4-H!
Ellsworth Events

2023-2024 EW County 4-H Council Officers

President
Molly Ehrlich

Vice President
Ashlyn Schwerdtfeger

Secretary
Brekyn Zier

Treasurer
Addie Janzen

Reporter
Josey Norris

***************

4-H Council Meeting
February 26 at 6:30pm

Be prepared for these meetings with officer and committee reports!

***************

Fair Association Meeting
December 4 at 7:00pm

***************

EW Junior Leaders Meeting
January 29 at 6:15pm

Junior Leaders

If you are 12 years and up or in 6th-12th grade and enrolled in the Leadership project, be sure to contact Junior Leaders advisors, Tobina Norris and Paula Svaty, for more information!

Shooting Sports practice will be starting soon. Keep an eye out for more information.
Many of the events and paperwork—most definitely the paperwork—for 4-H can be overwhelming for new 4-H families! This page will be used to highlight things that may be helpful to know in regard to upcoming events, deadlines, and necessary documents. Your Club Leader is also a great resource!

What is the Favorite Foods Show?
The Favorite Foods show combines planning an event with learning about nutritional value and setting a table. The Extension Office has a handbook that can provide additional information. This can be found [HERE](#).

- Pick a dish that is your favorite! It can represent any course of a meal. You will need to have the recipe turned in by January 10th.
- Pick a theme and create an event based off of your recipe.
- Plan your place setting (card table-sized) to tie into your theme.
- Plan your menu around your theme and particular favorite recipe.
- On January 21st, you will set up your place setting, include your menu, and prepare your selected recipe. During a consultative judging, you will have the opportunity to share your idea, recipe, and place setting with a judge for constructive feedback.

**Favorite Foods Show coming January 21!**

What is Club Day?
Club Day is an opportunity for 4-H members to demonstrate their talents in several different areas in front of judges and other 4-H members and families. Club Day will be held Sunday, February 25. Members must be enrolled in 4-H Online by December 1 to participate in Club Day. Club Day entries are due to the extension office by Wednesday, January 24. There is also a handbook for this available at the Extension office and on our website [HERE](#).

**Categories include:**
- Project Talk  
- Show and Tell  
- Demonstration  
- Illustrated Talk  
- Public Speaking  
- Talent (dancing, skits, magic tricks, etc.)  
- Singing  
- Instrumental Skills  
- Reading  
- Resume/Interview  
- Model Meetings
Volunteers are key to the 4-H program. They enable the 4-H program to grow and thrive. These individuals donate their time, efforts and skills so that the Midway District 4-H program can excel. Staff and parents trust these volunteers to have the best interests of young people at heart.

Safety of young people is shared responsibility between volunteers, Extension staff, K-State Research and Extension, and the state. We need to do our best to protect young people through the implementation of a youth protection system. In Kansas, the youth protection system is the Kansas 4-H Volunteer Screening process.

The first step should be completing a profile on 4-H online. If your family uses the Kansas 4-H Online system at https://v2.4honline.com, you already have a family account. Login to your family and add yourself as a new family member if you don’t already have an adult profile. If your family has never used 4-H Online, you will need to create a new family account before creating an adult profile for yourself. The following resource may assist you: New Adult Volunteer Enrollment

Complete the Kansas 4-H Volunteer Orientation available through Kansas 4-H Online or in person through your local Extension office.

After completing the Kansas 4-H Volunteer Orientation, notify the Extension office about completing the training, schedule an interview appointment, and get started on the required Criminal background check.

Once all these steps are complete and no problems or concerns are found, your name will be presented to the local Extension Board for approval and appointment as a 4-H volunteer for our program.
Officer Training was held on November 27th at the Russell 4-H Building. Midway District collaborated with Cottonwood District (Barton and Ellis counties). We had volunteers lead each of the officer sessions. This event allows members to learn more information about their elected office. They will take back what they learned to their clubs.
**JUNIOR SWINE AND MEAT GOAT PRODUCER DAYS**

K-State **Junior Sheep** Producer Day is **Saturday, March 16**. **Junior Beef** Producer Day is **Saturday, March 2**. Both events take place in Weber Arena on the Kansas State University campus in Manhattan. These educational events are organized by the K-State Youth Livestock Program. All ages and skill levels are invited to increase knowledge related to the goat project.

**Save the Date**

**Spring Weigh In**

**February 17, 2024** at Ellsworth Animal Health 8-11am

**February 18, 2024** at Russell Veterinary Service 2-5pm

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**JUDGES TRAINING**

**MARCH 16**

**10:30AM TO 3:00PM**

**$10 Fee - Lunch Provided**

**Pay at the door**

**LOCATION**

Western Research Center 1292 240th Ave Hays KS, 67601

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K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be made available in alternative formats to ensure access for individuals with disabilities, including alternative means of communication, e.g., Braille, large print, audio tapes, and sign language. Individuals with questions concerning program accessibility should contact the event contact two weeks prior to the start of the event at 785-532-1517 and have your disability disclosed. Requests received after this date will be honored when in feasible to do so. Language access services, such as interpreters or transcriptionists, are available on request and at no cost to individuals with limited English proficiency.
Upcoming Events

December 1
4-H Online Enrollment Due
to do District Club Day

Dec. 25 - Jan. 1
Offices are Closed for
Holidays

January 10
Favorite Food Show
Recipe Due

January 15
Office Closed - Martin
Luther Jr. Day

January 21
Favorite Food Show

January 24
District Club Day Entries
Due

If you would prefer receiving this newsletter via mail (in addition to the email and posted version), call the Extension Office at (785) 483-3157 and we will add you to the mailing list.

Karrie will be working in the Ellsworth Office
December 1
December 14
December 20
### December 2023

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<td><strong>1</strong>&lt;br&gt;4-H Online Entry Deadline for Club Days</td>
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<td><strong>3</strong>&lt;br&gt;Club Meetings: BC</td>
<td><strong>4</strong>&lt;br&gt;Club Meetings: CCA Meeting</td>
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<td><strong>10</strong>&lt;br&gt;Club Meetings: RS County</td>
<td><strong>11</strong>&lt;br&gt;Club Meetings: EWC Meeting</td>
<td><strong>12</strong></td>
<td><strong>13</strong>&lt;br&gt;Extension Board Meeting - EW</td>
<td><strong>14</strong>&lt;br&gt;Club Meetings: EW Council</td>
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<td><strong>17</strong>&lt;br&gt;Club Meetings: AC/WW/JW/SE&lt;br&gt;EW Jr. Leaders</td>
<td><strong>18</strong>&lt;br&gt;Club Meetings: CL Club Meeting</td>
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<td><strong>20</strong>&lt;br&gt;Club Meeting: WCV</td>
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<td><strong>24</strong>&lt;br&gt;Christmas Eve&lt;br&gt;Club Meetings: EH/TI</td>
<td><strong>25</strong>&lt;br&gt;Office Closed</td>
<td><strong>26</strong>&lt;br&gt;Office Closed</td>
<td><strong>27</strong>&lt;br&gt;Office Closed</td>
<td><strong>28</strong>&lt;br&gt;Office Closed</td>
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<tr>
<td><strong>31</strong>&lt;br&gt;New Year's Eve</td>
<td><strong>1</strong>&lt;br&gt;New Year's Day Holiday&lt;br&gt;Club Meetings: CCA Meeting</td>
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<td><strong>10</strong>&lt;br&gt;Favorite Foods Recipe Entry</td>
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