

# 4-H UPDATE



## Midway District 4-H Newsletter

MIDWAY DISTRICT 4-H PROGRAM represents  
ELLSWORTH AND RUSSELL AREA 4-H CLUBS

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Hello everyone! My name is Emerson Nichols and I am a Midway District Intern for the summer of 2023. I graduated from Russell High School in May 2022. I currently attend K-State where I am majoring in Nutritional Sciences (Pre-Med). I would like to become a family physician, pediatrician, or dermatologist. At K-State, I am involved in my sorority, Kappa Alpha Theta, the Pre-Med Club, Silver Key Sophomore Honorary Society, and St. Isidore's Catholic Church.

Growing up, I was heavily involved in 4-H, so I am very excited for this opportunity! I was involved in the photography, cooking, visual arts, and the style review. I also participated in other projects, but these were some of my favorites. I held multiple positions in my club, Lone Star, during my 12 years involved in 4-H. I was very fortunate to be in Lone Star growing up because I was able to meet such wonderful people. Being one of the older members in the club my last few years in 4-H allowed me to reflect on all of the wonderful things 4-H taught me and I was able to remember some very good times spent in 4-H. One of my all-time favorite things to do in 4-H was simply talk to the younger members. I remember being a clover bud and being excited to do anything the older members were doing. Knowing what that felt like, I tried my best to be a good role model to the younger kids in my 4-H club. This meant talking with them about their projects, talking with them about life, etc. It also meant being willing to participate in every activity offered, especially the recreation event at the end of 4-H meetings. These events are typically organized by the younger members in the club, so participating in these events means the world to them. When you become one of the older 4-H members, your position in the club is to be a good role model and to make sure the younger members are having fun and learning. For this reason, I thought that this job would be a perfect fit for me this summer. I am excited to spread the joy of 4-H to kids in the Midway District!



My name is Rylan Reeves and I am 19 years old. I was in the Big Creek 4-H Club for 12 years. I currently attend Fort Hays State University majoring in Medical Diagnostic Imaging. My favorite project was market beef. Beef was something I enjoyed because I got to spend quality time with my mom bonding over something we love. I am so excited to be an intern this summer for the extension because my partner and I have a bunch of fun things planned!



# Russell Report



## 2023 RS County 4-H Council Officers

President  
Teagen Pfeifer

Vice President  
Kierra Eck

Secretary  
Taylor Cook

Treasurer  
Christian Miller

Reporter  
Emma Karst

\*\*\*\*\*

4-H Council Meeting  
August 8 at 7:00pm

Be prepared for these  
meetings with officer and  
committee reports!

\*\*\*\*\*

Russell Fair Board Meeting  
June 12 at 7:00pm

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4-H Junior Leaders  
August 8 at 6:00pm

Russell Style  
Revue Theme:  
***4-H, Never goes  
out of Style***



### Russell County Fair Dates

The fair kicks off on Saturday, July 15 with the Horse Show. The Style Revue is on Sunday, July 16th. The Dog Show is Wednesday, July 19. Friday, July 21 will be judging contests and visual arts judging. The rest of the fair begins on Monday, July 24 and goes through Friday, July 29.

### Fair Set Up/Clean Up

Everyone needs to plan to help!

#### Set-Up

Wednesday, July 19 at 6:00pm

#### Clean-up

Saturday, July 29 at 10:00am

Lots of hands make the work go quickly!

### 2023 Fair

All needed documents will be posted on  
the Midway District website

<https://www.midway.k-state.edu/4-h/events/fairs/rscountyfair.html>



# Ellsworth Events



## 2023 EW County 4-H Council Officers

President  
Rebekah Vague

Vice President  
Trenton Hays

Secretary  
Josey Norris

Treasurer  
Sam Thielen

Reporter  
Molly Ehrlich

\*\*\*\*\*

4-H Council Meeting  
June 26 at 6:30pm

Be prepared for these  
meetings with officer and  
committee reports!

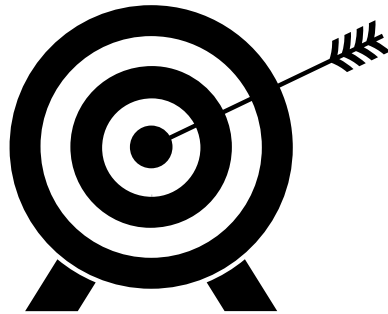
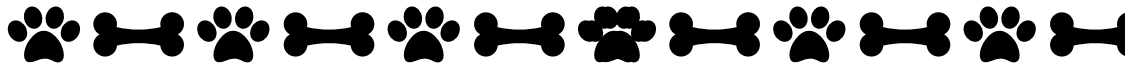
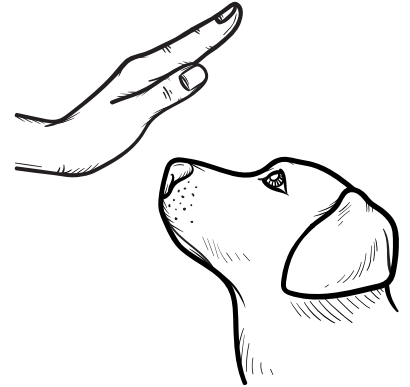
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Fair Association Meeting  
June 5 at 6:30pm

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4-H Junior Leaders  
June 26 at 7:00pm

Dog Class practice in  
Ellsworth will begin  
soon, so be on the  
look out for more  
information!



Archery practice will begin  
on Wednesday, May 24th  
in Ellsworth contact Pam  
and Tim Hays for more  
information.

### Fair Set Up/Clean Up

Everyone needs to plan to help!

#### Set-Up

Sunday, July 16 at 6:30pm

#### Clean-up

Sunday, July 23 at 4:00pm

Lots of hands make the work go quickly!

### 2023 Fair

All needed documents, including instructions for Fair Entry,  
will be posted on the Midway District website

<https://www.midway.k-state.edu/4-h/events/fairs/ewcountyfair.html>



# 4-H in the News



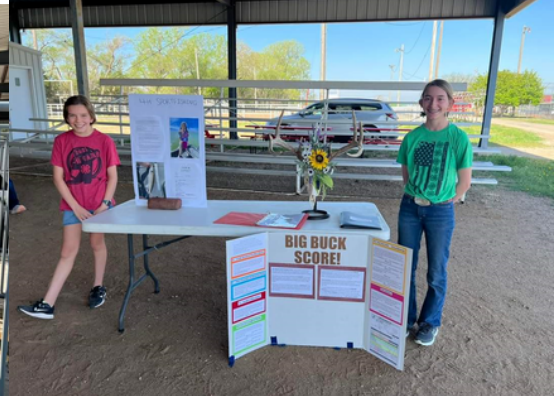
## Midway District Shooting Sports News

Congrats to the following youth who qualified for the State BB Gun Shooting Sports match this year!



- Taylor Cook
- Ty Cook
- Elena Jundt
- Anna- Marie Marsell
- Janessa Miller
- Christin Miller
- Josey Norris
- Jonae Radke
- Teagon Schepmann

Trenton Hays was selected to be on Nation compound team and Tim Hays was selected as the coach. Our State BB gun team was selected to go to Daisy Nationals in Roger's Arkansas.



Ellsworth County Jr. Leaders talked to the public about different 4-H projects at the Farm, Field, and Fun Day on May 6th.



# 4-H in the News



Russell County Jr. Leaders held a Spring Livestock Clinic at the Russell County 4-H fair grounds on May 7th. The Livestock species that youth could learn about was Horse, Poultry, Beef, Goat, Swine, and Rabbits. Thank you to our speakers and volunteers for their knowledge and time.





# Family Resource Page



## Livestock Sale Participants

NOW is the time to start visiting with supporters for the Premium Auction at the fair. Be sure to thank them for previous support and ask for their continued support of 4-H members' projects.

Brain-storm with your parents—who does your family do business with? Think about your bank, parents' employers, local or regional businesses. If they cannot commit to supporting the auction (or they are providing support in another way at the fair), remember to politely thank them for consideration.

Having an "elevator speech" ready about WHY 4-H is important and HOW it has impacted you are crucial pieces of these conversations.

Additionally, begin thinking about lining up processing slots depending on your species as we don't always have a floor for some areas.

**4-H** IS ABOUT MORE THAN THE  
*ribbons & awards...*

It's about *the people*, the experiences,  
the life-long skills, *the memories*,



*It's about* being a role model, giving back,  
& making the *best better*.

## Cloverbud Guidelines for the Fair!

Cloverbud 4-H is a non-competitive learning experience for youth ages 5-6 years old. Cloverbud 4-H members receive participation ribbons, feedback from the judge, but do not receive premiums or participate in the premium auction.



# Learning Center



## LEADERS.... DID YOU...

### REVIEW

- 4-H Update Important Dates/Deadlines (Calendar)

### TO DO

- Check mailbox at the Extension Office
- Report from 4-H Council Meetings
- Provide any leadership changes to the Extension Office ASAP
- Update Volunteer Renewal information

### PROMOTE/RECRUIT

- 4-H members: ask a friend to attend meetings
- Encourage current 4-H members to review and complete applications for KYLF, Citizenship in Action, Citizenship Washington Focus
- Remind all 4-H members and parents who are volunteers to enroll via 4-H Online
- The Extension Office has a copy of the Cloverbud handbook for each club- please provide this resource to your club Cloverbuds
- Provide officers and clubs leadership updates as soon as possible to the Extension Office

### Project Spotlight

The rabbit project is a great animal project to start with in 4-H! Rabbits are versatile animals and there are many different breeds that can fit various living situations. Whether you live in an urban or rural setting, want to keep your rabbits indoors or outdoors; rabbits are flexible to what might work best for your 4-H family.

#### Life Skills Through Rabbits

The 4-H Rabbit project and contests can be used to learn various life skills, including:

Public speaking and communicating with others.

Through contests like showmanship and judging contests, youth can discuss and display their knowledge with the judge.

Planning, organizing, and decision making.

Whether it is building a nesting box, making an educational poster or other rabbit related static exhibit, youth have the opportunity to plan and organize their projects.

Record keeping, observing and comparing alternatives. Through nutrition, health care and basic animal husbandry, youth will learn how to read and understand a feed tag, compare products and observe and record the results of what works best for their project.

#### What you need

Rabbit:

There are currently 49 different recognized rabbit breeds! So the first task will be to study the different rabbit breeds and consider what rabbit size and temperament would work best for your project. Talk to a local reputable breeder, or visit a local rabbit show. Another great resource for rabbit breed information and recommendations is the American Rabbit Breeders Association website ([www.arba.net](http://www.arba.net)).

Housing and Supplies:

While the size and type of cage or housing might look different depending on what breed of rabbit and where they are being kept, most of the supplies needed for rabbits can be found at local farm supply stores, pet supply stores, farmers cooperative or even Walmart.

The basic supplies needed include: a cage or housing unit, bedding, water bottle, food dish, pellet food and/or hay and grooming supplies including a nail trimmer.



# 4-H Happenings



## Livestock Exhibitors!

As a reminder for Registered Breeding livestock, including cattle and dairy goats—All entries must be registered in the 4-H member's name BY June 15 of the current year and proof of registration (copy of papers on file) is DUE to the Extension Office BY July 1. If paperwork is not on file and the animal was not tagged during spring weigh-in, the animal will not be allowed to show.



As a reminder, completion of YQCA is required by June 15 of the current year to sell an animal (including poultry and rabbits) through the livestock auction and to show at the Kansas State Fair and the Kansas Junior Livestock Show. Registration is required via <https://yqcaprogram.org/>

Please consider this an important educational aspect of livestock projects.



The Kansas 4-H Sportfishing Tournament is available for youth in the Wildlife Sportfishing project. This is something that can be done at their own pace throughout the year, helping engage them in project learning. The contest will end September 15, 2022. Details and entry forms are available on the webpage.



TODAY IS GOING TO BE  
**THE BEST**  
TOMORROW WILL BE  
**EVEN BETTER**





# Upcoming Events



**June 7**

EW Jr. Leaders Day Camp

**July 1**

LOTS of fair paper work due  
(see emails for details)

**July 15-20**

Ellsworth County Fair

**July 24-29**

Russell County Fair

**August 5**

KS State Fair Entry Forms  
due to the office

**September 8-17**

Kansas State Fair

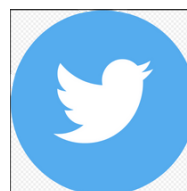
**September 21**

Project Records/Record  
Books Due



[www.facebook.com/Midway4H](http://www.facebook.com/Midway4H)

[www.facebook.com/MidwayKSRE](http://www.facebook.com/MidwayKSRE)



@Midway4H @MidwayKSRE



@ksre\_midway

If you would prefer receiving this newsletter via mail (in addition to the email and posted version), call the Extension Office at (785) 483-3157 and we will add you to the mailing list.

Upcoming Events: Be sure to regularly check the Midway District website for upcoming shows and clinics.

[www.midway.k-state.edu/events/areashows.html](http://www.midway.k-state.edu/events/areashows.html)

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## June 2023

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,  
 LS-Lonestar, SF-Sunflower, SS-Shooting Sports,  
 TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
					3	
4 Club Meetings: BC	5 Club Meetings: ECFA Meetings	6	7 EW Jr. Leader Day CAMP	8 Extension Board Meeting - EW	9	10
11 Club Meetings: SS / WCV	12 Club Meetings: RS Fairboard	13	14 Flag Day	15	16	17
18 Father's Day Club Meetings: AC/WW/LS/SF	19 Club Meetings: CL Club Meeting	20	21	22	23	24
25 Club Meetings: TT/EH	26 Club Meetings: EW Council EW Jr. Leaders	27	28	29	30	

## July 2023

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,  
 LS-Lonestar, SF-Sunflower, SS-Shooting Sports,  
 TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Club Meetings: BC	3 Club Meetings: ECFA Meeting	4 Independence Day	5	6 Extension Board Meeting - RS	7	8
9 Club Meetings: SS / WCV	10 Club Meetings: RS Fairboard	11	12	13	14	15 EW CO FAIR
16 Club Meetings: AC/WW/LS/SF EW Jr. Leaders RS CO FAIR EW CO FAIR	17 Club Meetings: CL Club Meeting EW CO FAIR	18 EW CO FAIR	19 EW CO FAIR	20 EW CO FAIR	21	22
23 Club Meetings: TT/EH RS CO Fair	24 Club Meetings: RS Council RS CO Fair	25 RS CO FAIR	26 RS CO FAIR	27 RS CO FAIR	28 RS CO FAIR	29
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