June 2025

4-H UPDATE

4-H Grows Here

Midway District 4-H Newsletter

MIDWAY DISTRICT 4-H PROGRAM represents ELLSWORTH AND RUSSELL AREA 4-H CLUBS

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Summer is upon us, and if you are like many parents, you are wondering how you will keep the kids busy when school is out. Others are wondering what projects do your kids need to start working on now, to prepare for the County Fair. Kansas 4-H has something for everyone.

Taking photographs, building rockets, designing a cabinet, collecting insects, tending to livestock...those are all part of the fun of the Kansas 4-H program. But those activities are part of a much bigger, project-based learning process to prepare kids for the future and help them find their spark.

Kansas 4-H has Clover Classroom challenges that will enhance the learning, leadership, and community service within each project area for all age groups. Each project's Project Challenge has different lessons depending on the age of the youth. Don't forget to fill out the evaluation survey after completing your challenge so that we can continue to make improvements. New project challenges are constantly being developed, so check the website often.

https://www.kansas4-h.org/resources/leaderresources/cloverclassroom/index.html



2024-2025 RS County 4-H Council Officers

President Teagen Pfeifer

Vice President Katelyn Haddock

Secretary Emma Schneider

Treasurer Payton Maske

Reporter Janessa Miller

4-H Junior Leaders August 4 at 6:00pm

4-H Council August 4 at 7:00pm

2025 Russell Fair Book Changes

Fair Entry

- Pre-entry is required for all Divisions. ALL Pre-entry must be completed online via Russell County Fair- Fair Entry.
- Entry cards may be picked up at the Russell County 4-H Building on Sunday at Style Revue from 12:00pm to 5:00pm, Wednesday from 8:00am to 7:00pm, Friday from 8:00am- 12:00pm, and Monday from 8:00am to 8:00pm. Russell County 4-H Fair Entry cards must be attached to all exhibits in the Russell County 4-H Building. There will not be any entry cards for livestock, horse, dog, poultry, rabbits and pet exhibits. Exhibitor should not make comments on the exhibit card about their project.

Style Revue

- #5: Items need to be purchased or made during the current 4-H year.
- #6: 4-H members need to submit by July 1st- written script that is submitted online through Qualtrics. Scripts should be 4-6 sentences in length. Write it exactly as you want it read during the public revue. Include 4-H'ers first name (no last name) and 4-H Club. 90% of the written script should describe the outfit being modeled. Some descriptors may include: fabric, colors, accessories, where you will wear the outfit, what you like best, etc. 10% of the written script can include information about hobbies and other info about yourself.
- #7: 4-H members should complete the entry (in FairEntry) by July 10th.
- #8: 4-H members should bring with them the day of judging the completed cost sheets and a picture of the youth wearing the outfit.
- #9: The Extension Office will bring a copy of your entry card the day of judge.
- #10: Bring back to the fair for display: picture, clothing in a garment bag, and ribbon

Food and Nutrition

- No Saran wrap. Free large turkey bags are available at the Extension Office and Fair Office.
- Add #11: This is REQUIRED for ALL frosting and fillings.
- A worksheet is available at: https://bookstore.ksre.ksu.edu/item/frostingsand-fillings-worksheet_4H1171
- #22: Alcohol (ex. Wine, beer and hard liquor) is not allowed as an ingredient in food entries. Entries with alcohol will be disqualified and not be judged.



2024-2025 EW County 4-H Council Officers

President Hannah Vague

Vice President Brekyn Zier

Secretary Brooklyn Thielen

Treasurer Leah Howard

> Reporter John Barta

4-H Council Meeting June 23 at 6:30pm

Be prepared for these meetings with officer and committee reports!

EW Junior Leaders Meeting August 25 at 7:00pm

2025 Ellsworth Fair Book Changes

- Update #10: 4-H members exhibiting a first year bucket calf cannot enter in any other bovine class with the exception of 2nd year bucket calf. A 4-H member ONLY entering a second-year bucket calf may enter other bovine classes. 2nd Year bucket calves will be shown with bucket calves on Wednesday morning. If you choose to show your 2nd Year bucket calf with on Wednesday morning, they will be judged the same as a bucket calf (see rule 3 under bucket calf). If you would like the judge to give feedback on the calf's body composition and do showmanship, you can show in the normal breeding and market classes. You would need to select the breeding or market class during FairEntry. This would allow the calf to run for grand champion breeding heifer or market steer. 2nd Year Bucket Calves can't do the carcass show or the Livestock Auction.
- #11: Once you show in the Breeding or Market Beef Class, you can't go back down to the bucket calf classes.

Carcass Show

- The animal must show at the Ellsworth County Fair to participate in the carcass show. Only 1 entry per youth.
- Market Beef must weigh a minimum of 1,000 pounds to participate in the carcass show.
- The animal MUST be weighed in at spring weigh in to participate in the carcass show.

Meat Goats

• #17. Goats can only be shown once at the Ellsworth County Fair.

New Herdsmanship Score card that includes assigned cleaning areas.

Appea	rance of Assigned Cleaning area- 50 points
Barn/	Bleachers/ Show Arena
•	Wipe Down Picnic Tables
•	Sweep Bleachers
•	Cleaning the area of animal waste
•	Raking arena after each show
<u>Outsid</u>	le/ Inside Bathrooms_
•	Clean Mirrors
•	Wipe Down Sinks
•	Wipe Down Stools/ Urinal
•	Flush Stools/ Urinal
•	Refill Paper Towels and Toilet Paper
•	Empty Trash
•	Sweep
Recrea	ation Center
•	Refill Water Coolers
•	Put Out More Cups
•	Sweep and Clean Floors (twice a day)
<u>Trash</u>	
•	Pick Up Trash in recreation center, bleachers, and show are
•	Empty Trash Barrels



Many of the events and paperwork (most definitely the paperwork) for 4-H can be overwhelming for new 4-H families! This page contains helpful info for upcoming events, deadlines, and necessary documents. Your Club Leader is also a great resource!

Getting Ready for the Fair

It's is already time to start getting ready for fair! Livestock participants should identify early on which steer, goat, or hog you are taking to the county fair. 4-H members, now is the time to start to practice and spend time with your animal regular to be prepared for come fair time.



It is also a great time to begin preparing your non-livestock entries;

- Start testing out your cookie or pie recipes. Bake, tweak and practice, practice, PRACTICE
- Take lots of different photos so you can select the best ones to enter into the photo contest
- Pick up some extra fabric and start working on those sewing skills

Starting on these things now can help reduce the stress around fair time and help you have a better end product that you are more excited and knowledgeable about to present to the judge.

Please remember we have a wide variety of resources available at both offices that 4-H families can check-out to help with projects.







Learning Center

LEADERS.... DID YOU...

REVIEW

 4-H Update Important Dates/Deadlines (Calendar)

TO DO

- Check mailbox at the Extension Office
- Report from 4-H Council Meetings
- Provide any leadership changes to the Extension Office ASAP
- Update Volunteer Renewal information

PROMOTE/RECRUIT

- 4-H members: ask a friend to attend meetings
- Encourage current 4-H members to review and complete applications for KYLF, Citizenship in Action, Citizenship Washington Focus
- Remind all 4-H members and parents who are volunteers to enroll via 4-H Online
- The Extension Office has a copy of the Cloverbud handbook for each clubplease provide this resource to your club Cloverbuds
- Provide officers and clubs leadership updates as soon as possible to the Extension Office

Local Record Keeping and Project Awards

Record keeping and Project Reporting are valuable skills taught to members of the Kansas 4-H program. Members are encouraged to keep a permanent record of all 4-H and non-4-H experiences and are encouraged to summarize their experiences on the Kansas 4-H Project Report Form for project recognition.

To help you through this process, please refer to the <u>Guide to</u> <u>Kansas 4-H Project Recognition</u>.

This guide and all other supporting records/forms are available online <u>HERE</u>.

The Kansas 4-H Project Award is a project-specific record which is eligible for county awards and may be selected for regional and state competition (for Seniors). It provides the 4-H member an opportunity to really dive into their project, practice writing, and presentation skills, and share in-depth learning about a specific project area. This is often much less about the ribbon you earned as it is about the knowledge you learned!

What is included in a Record Book?

The basic record keeping book includes :

- Personal Information Page
- 4-H Story
- Project Report Forms (age specific and two different categories, General or Animal). One per project.
- Permanent Record

*** If you are 14 or older and your project report form is selected to move on to the regional level, you will have additional documents required in your submission including:

- Cover Letter
- Resume



Emma Karst Lonestar Club



Emma Karst Russell High School | Lonestar 4-H

I have been an active 4-H member for ten years, participating in Market Goats, Beef Cattle, Foods and Nutrition, Fiber Arts, and Photography. My favorite experiences include exhibiting livestock at local, state, and national levels, where I've learned that hard work truly pays off. I also love mentoring younger members and helping them grow in confidence and skill. 4-H has shaped my life by teaching me leadership, responsibility, and perseverance. As a first-generation 4-H member, I've embraced every opportunity to learn and grow, and I'm grateful for the friendships and skills I've gained along the way.

Next year, I plan to attend Hutchinson Community College to study animal science. With my background in livestock through 4-H, I am eager to expand my knowledge in animal nutrition, genetics, and herd management. I aim to apply what I learn to improve livestock care, efficiency, and sustainability in the agricultural industry. Through hands-on experiences and coursework, I hope to further develop my skills and continue my passion for agriculture meaningfully. My advice to younger 4-H members is to step out of their comfort zones and embrace new challenges. Whether it's trying a new project, running for a leadership position, or participating in a competition for the first time, each experience provides an opportunity to grow. It's natural to feel uncertain at times, but some of the most rewarding moments come from pushing past those doubts. Great things take time—success doesn't happen overnight, and hard work and perseverance are key. Every challenge you take on will teach you valuable lessons, build your confidence, and open doors to even greater opportunities. No matter where your 4-H journey takes you, always be willing to take that next step, because, in the end, it's always worth the effort!

Hailey Gier Big Creek Club



Hello! My name is Hailey Gier and I am a senior at Russell High School. I am in the Big Creek 4-H Club. I am enrolled in foods and nutrition, style revue, visual arts, and project talk/demonstration. My favorite project is foods and nutrition because every year I bake with my grandma for the fair. I love going through her countless recipes and learning new things from her. I also love spending time with her and hearing all of her crazy baking stories from other 4-Hers. After high school, I plan to attend Kansas State University and major in Milling Science and Management with the intent of obtaining my PhD in Grain Science. 4-H is not only an organization to me, it is my life and my family. I was recently awarded my Key Award and 10-year pin which seems impossible because just yesterday I was a brand new cloverbud learning the pledge. 4-H has shaped me into a wonderful person and leader. I can make connections with anyone I meet, reach any goal I set, and speak in front of a million people all because of 4-H. 4-H has also shaped my life by giving me lifelong best friends that I know have my back through anything (shoutout Channing & Gracie). I am personally a fourth generation 4-Her and plan to continue by putting my children in 4-H as fifth generation. My advice for younger members would be to take EVERY SINGLE opportunity 4-H gives you. You can always make schoolwork up or run a couple laps because you missed practice, but you can not make up the skills you will learn through 4-H opportunities. 4-H is going to take you so far in life and you will never forget the memories you make. However, if you want to get the best out of 4-H; you have to put your best into it. MAKE THE BEST BETTER. It may not be easy, but I promise it will all come back to you ten times larger. And never forget, there is ALWAYS someone watching and looking up to you. So if you can't do it for yourself, do it for them.

Lastly, I just want to say a huge thank you to Russell County and Midway District for always supporting me in my crazy adventures. You have given me so much more than a hobby; you have given me a family. I will never forget the experiences I have had through 4-H and I will never stop sharing how amazing this organization truly is. <3

💸 Senior Spotlight 💸

Teagen Pfeifer Lone Star Club



Hello, my name is Teagen Pfeifer. I am a senior at Russell High School. I have been in 4-H for eleven years, first in Fossil Creek and now in the Lone Star Club. I currently serve as my club's President and the 4-H Council President. I am also a Russell County Jr. Leader and a 4-H Ambassador.

This year's projects include beef, food and nutrition, clothing buymanship, and leadership. My favorite project is a toss-up between foods and clothing buymanship. I really enjoy preparing exhibits for these two areas. My most significant find, for the style review's thrift store class, is the 2-piece suit I purchased for \$3.50 last year. It is the suit pictured here that I used for my senior pictures.

I am the youngest of three kids, so I have been doing 4-H for as long as I can remember. I'm also at least a 3-generation 4-H member. I love that 4-H is something we do as a family. Whether attending meetings, walking livestock, baking in the kitchen, or shopping for my next outfit, we do it together. As for college, I plan to attend Pittsburg State University and pursue a bachelor's degree in automotive technology. I want to return to Russell and open an autobody shop. I would repair dents and collision damage and offer auto-restoration on older vehicles. In addition, I would like to run a service bay for light mechanics, which includes oil/tire changes, filter replacements, and alignments. I advise younger members to put themselves out there and try all the different things 4-H offers. Last year, I presented a program at 4-H Discovery Days called "Fueling Your Inner Athlete." I dreaded doing it, but it was a great experience, and I loved interacting with other young people. 4-H has given me so many opportunities. This semester I am taking a public speaking course through Barton County online. This class comes easy for me because of my public speaking experience. Learning to talk to judges, presenting your projects, and giving project talks and demonstrations will help you in all aspects of your life. It is hard to believe I am coming to the end of my 4-H career, but I am forever grateful for the

My name is Christian Miller. I am a 12 year member of the Big Creek 4-H club in Gorham. I began my 4-H career as a six-year-old Cloverbud, showing my family dog, Scruffy at the Russell County fair. It's kind of funny to think about that old dog. He gave me a love for animals and taught me probably more than I taught him. He won his final Grand Champion Showmanship award in 2019. Scruffy was 18 years old at the time and passed away the following week. I think the dog project was just as important to him as it's been to me. I've enjoyed my woodworking sessions with Mr. Windle, learning how to build a rocket from my friend Kevin Eickhoff and then teaching my younger brothers how to build one, playing the violin at 4-H Days with my aunt Mari Jo as the accompanist, learning the piano from my Grandma Patti, and my many interviews with Albert Lin. I have so many great memories from 4-H. One of the most meaningful is my first meeting as a Song Leader. I was only 7 years old and our club was on a hayrack ride. My late father, Dru Miller sat beside me and encouraged me to sing loud and proud as I led our club. It was a simple moment, but one that I'll never forget. All these special memories I would've never experienced had I not been a part of the 4- H organization.

experience.

I am grateful to my mom and siblings for their continued support, for the fierce leadership Karrie Vanwinkle provides the entire Midway District, and to Judy Robbins for holding down the Big Creek 4-H fort during my time as a club member. I will use the countless skills I have learned through 4-H as I pursue a career in Business and/or Aviation as a medical flight pilot.

Christian Miller Big Creek Club





Cade Brokes Wilson Winners Club



I am Cade Brokes and I am a 2025 graduate of Sylvan-Lucas Unified High School. I have been a member of the Wilson Winners 4-H Club since I was 6. Over the years I've taken woodworking, foods, fashion review, and crops but beef has been my favorite project. I enjoy starting and working with a new steer each year and have learned a lot about the beef industry as a whole. Of all the things I have learned in 4-H I would say the most important has been good public speaking skills. I have also enjoyed making new friends from across the county and other parts of the state.

I am a second generation member of the Wilson Winners as my dad was also a member. My Grandpa Brokes was a club leader for over 20 years and now my dad has been also been a club leader for several years.

This fall I plan to attend Ft. Hays State University and major in Business Management. I will also be on the Ft. Hays football team.

My advice for younger 4-H members is to find a project or projects that you really enjoy and focus on those. You will enjoy it a lot more if you like what you are participating in!

Caleb Hays Ash Creek Club



I'm Caleb Hays from the Ash Creek 4-H club, and I graduated from Ellsworth High School. The projects that I am in now include shooting sports (shotgun and archery) and market steer. The market steer project helped me learn patience and how to properly care for an animal, while shooting sports taught me persistence and to work even when I didn't want to. My plans for next year are to attend Pratt community college and go into the Electrical Power Technology Program. 4-H has shaped my life in so many ways, just a few of the ways it changed me was in the beef project where you learn that things take time or at a 4-H camp and making new friends. My advice to younger members is to do what you can when you can because the opportunities for these 4-H activities won't be around forever.

Senior Spotlight

Abigail (Abby) Dlaball Wilson Winners Club



Abigail (Abby) Dlabal is a senior at Sylvan-Lucas Unified High School. She is a 10year member of the Wilson Winners 4-H Club. Abby has been involved in many different projects over her years in 4-H, such as Visual Arts, Photography, Leadership, Market Steer, Breeding Heifer, Bucket Calf, and Clothing Buymanship. Visual Arts is Abby's favorite project. She has enjoyed trying different craft projects over the years! Abby has been active in her club, serving many roles over the years of President, Vice President, Club 4-H Council Representative, Historian and Song Leader and has served as a member of the Ellsworth County Jr. Leaders the past 5 years. There are so many great memories that involve 4-H! Being with my Family, Friends, meeting new people, community service projects, trips to the State Fair and being a part of the Wilson Winner Family! This Fall, Abby plans to attend Sterling College to play Women's Basketball and major in Health and Human Performance to become a Physical Therapy Assistant. 4-H has truly shaped my life through the life skills I've learned such as Leadership, Responsibility, Communication, Public Speaking and so much more all of which will continue to help me grow as a person. I am a 3rd generation 4-H'er! My mom and grandparents were involved members of the 4-H program when they were kids! To the younger members your time in 4-H sadly doesn't last forever so soak up every moment because believe it or not you'll be in my position sooner than later and always remember to leave the 4-H organization better than you found it!

> Hallie Theilen Wilson Winners Club



I am Hallie Thielen, a senior at Sylvan-Lucas Unified. I am an 11 year member of the Wilson Winners 4-H Club. I am currently enrolled in foods & nutrition, photography, and leadership, but I have also participated in the fiber arts and beef projects. 4-H has helped me learn new skills and grow in confidence. Some of my favorite 4-H experiences include the fair and participating in club activities. My advice to younger members would be to try new things, enjoy the experience, and do not be discouraged by disappointments. In the fall I plan to attend Kansas State University to major in Elementary Education.



Kelvie Reeves Big Creek Club



My name is Kelvie Reeves, and I am a senior at Russell Junior-Senior High School. One of my favorite 4-H projects has been Beef or Style Revue, both of which have helped me build confidence, responsibility, and leadership skills that I know will benefit me in the future. I plan to attend Fort Hays State University after graduation. 4-H has played a major role in shaping who I am today, teaching me important life lessons and helping me grow in countless ways. I am not a first-generation 4-Her, continuing a tradition in my family. My advice to younger members is to get involved and try a variety of different projects—you never know what you might end up loving or where you might discover a hidden talent.

Hi, my name is Garrett Short, and I'm proud to say I went to high school at Central Plains. I've been involved in 4-H for as long as I can remember, and I've been a member of the Trying Tommies 4-H Club my entire 4-H career. From the beginning, 4-H has been a big part of my life and has shaped who I am today. Out of all the projects I've been involved in, showing cattle has always been my favorite. There's just something about the connection you build with your animals and the work that goes into getting them ready for the show ring. It takes a lot of early mornings, late nights, and dedication—but seeing all that effort pay off in the ring is an incredible feeling. Through showing, I've learned patience, responsibility, and how to handle both success and disappointment. This fall, I'll be attending Barton Community College to study beef production. I've always been passionate about working with livestock, and I'm excited to keep learning and eventually build a career in the beef industry. My experience in 4-H helped steer me in that direction. It gave me a strong foundation in agriculture and taught me the value of hard work, time management, and setting goals. Those lessons will stay with me long after my time in 4-H is over. If I could give one piece of advice to younger 4-H'ers, it would be this: don't give up when things get tough. There will be times when animals don't cooperate, when you don't place as well as you hoped, or when you're just tired and wondering if it's all worth it. But keep going. Keep showing up, keep working hard, and trust that the effort you put in will pay off. 4-H has taught me that show ring, but in life.

Garrett Short Trying Tommies Club





RUSSELL COUNTY 4-H JUNIOR LEADERS

Midway

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ADULT SHOWMANSHIP

Adult showmanship will be following each 4-H species show.

- 4-H Goat and Sheep Show-Tuesday, July 22 at 6:00pm
- 4-H Swine Show- Wednesday, July 23 at 8:30am
- 4-H Rabbit and Poultry- Wednesday, July 23 at 10:00am
- 4-H Beef Wednesday, July 23 at 6:00pm

Prizes will be given to the winners of each species!

- A sign up will be at the livestock Announcers stand.
- Adults will have to find their own species. They can borrow a 4-Hers or bring their own animal.
- This is a fun event for Russell County Fair and a fundraiser for the Russell County 4-H Jr. Leaders.
- You can add your own name or someone else's name to the sign up.
- You can remove your name off the sign up for \$20.

Russell 4-H Families -

The Russell County 4-H Development Fund received a memorial in honor of Marty Becker. The family of Marty Becker has asked that the memorial funds be put toward the enrollment fees that the Development Fund Committee pays for all Russell County 4-H'ers. **4-H Happenings**



Russell 4-H Families -

The Russell County 4-H Development Fund received a memorial in honor of Marty Becker. The family of Marty Becker has asked that the memorial funds be put toward the enrollment fees that the Development Fund Committee pays for all Russell County 4-H'ers.

🔆 Upcoming Events 🔆

June 1 Horse Identification Papers and a negative Coggins Test due to the office.

June 4 Day Camp Hosted by the Ellsworth Jr. Leaders

> June 4-6 Discovery Days

June 10 - July 10 FairEntry Registration

June 19 Juneteenth CLOSED

July 4 Independence Day CLOSED





KSRE Midway



KSRE Midway 4-H





KSRE Midway

KSRE Midway 4-H





Upcoming Events: Be sure to regularly check the Midway District website for upcoming events. <u>https://www.midway.k-</u> <u>state.edu/events/</u>

For a copy of this newsletter please call the Extension Office at (785) 483-3157

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Club Meetings: BC	2 Club Meetings: ECFA Meeting	3	4 EW Jr. Leaders DAY CAMP and Meeting	5	6	7 RS Foods 101 Workshop 9:00am
8	9	10	11	12 Extension Board Meeting - EW	13	14 Flag Day
15 Father's Day Club Meetings: AC/WW/LS/SF/CL	16	17	18 Club Meetings: WCV	19 Juneteenth OFFICE CLOSED	20	21
22 Club Meetings: EH/TT	23	24	25	26	27	28
29	30 Club Meetings: EW Council		EH - Elkhorr SS - Shooting S	BC - Big Creek, n, LS - Lonestar Sports, TT - Try nners, WCV - W	, SF - Sunflowe ing Tommies,	er, WW -

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		1	2	3	4 Independence Day OFFICE CLOSED	5	
6 Club Meetings: BC	7 Club Meetings: RS Fair board	8	9	10 Extension Board Meeting - EW	11	12	
13	14	15	16 Club Meetings: WCV	17	18	19	
20 Club Meetings: AC/WW/LS/SF/CL	21	22	23	24	25	26	
27 Club Meetings: EH/TT	28	29	30	31	County Liners, Lonestar, SF - Shooting Spo Tommies, WW -	C - Big Creek, CL - EH - Elkhorn, LS - Sunflower, SS - rts, TT - Trying Wilson Winners, Creek Valley	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Club Meetings: BC	4 Club Meetings: ECFA Meeting; RS Jr. Leaders & RS Council	5	6	7	8	9
10	11	12	13	14	15	16
			Club Meetings: WCV	Extension Board Meeting - EW		
17	18	19	20	21	22	23
Club Meetings: AC/WW/LS/SF/CL						
24	25	26	27	28	29	30
Club Meetings: EH/TT	Club Meetings: EW Council & EW Jr. Leaders Meeting					
31				Big Creek, CL -	-	S,
	EH - Elkhorn, LS - Lonestar, SF - Sunflower, SS - Shooting Sports, TT - Trying Tommies, WW - Wilson Winners, WCV - Wolf Creek Valley					

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