New 4-H year means new goals. Goals teach youth to work toward, purpose to keep them motivated and something to celebrate. Learning how to set goals is a vital skill for young people. After all, it’s hard to get somewhere without knowing the destination you’re heading to. Goals help youth focus on the journey to whatever they want to achieve, helping them to make plans, use their time and resources wisely, and identify the places where they may need some help.

Every day 4-Hers consider new ways of planning for their futures, getting involved in their community, and creating fun opportunities for their peers, all of which involve short-term goals and long-term goals to bring ideas to life.

SMART goals are a way to write goal statements that include the actual steps that you need to take to achieve the goal.

A SMART goal is....

- Specific
- Measurable
- Attainable
- Realistic
- Time-bound

When I thought of goals for my Project record, I did leadership or citizenship every month. If you need help discussing or writing goals, please email me or call the office.

Karrie Van Winkle
Thank you to the Russell County 4-H Development Fund for continuing to pay the 4-H Enrollment fees for Russell County 4-H members! Your support of our program is greatly appreciated!

4-H Never Goes Out of Style
2022-2023 Russell County

**Achievement Banquet**

**Sunday, October 22, 2023**

**Location** - Gorham Senior Center
99 Clifford St, Gorham, KS 67640

**Time** - Game Time - 4:30pm
Supper Time - 6:00pm

**RSVP deadline is**
**Sunday, October 15th**
What is the Russell County 4-H Development Fund and how does it benefit you?
Hello, my name is Beth Pfeifer, longtime 4-H parent, and leader in Russell County. If you are like me, I was involved in 4-H for many years before I began to understand the purpose and function of the Development Fund.

In the spring of 2022, I was appointed to the 4-H Development Fund Board. As we get ready to kick off our 2022 fundraising campaign, I wanted to take this opportunity to both explain this Fund and its purpose and mission. It is my hope that this will help many, more clearly, understand the importance of the yearly campaign.

The Russell County 4-H Development Fund is a not-for-profit 501(c)3 organization whose mission is to secure funds from private and public sectors for the support and enhancement of 4-H programs. Personal and corporate donations, as well as memorial contributions are greatly appreciated and tax deductible.

Every member in Russell County 4-H benefits from the Development Fund. Each year since the state has started assessing a membership fee, the Development Fund has covered that expense on behalf of all Russell County members. At $15 per member that is a big help for many families.

In addition to covering the membership fee, the Development Fund also has numerous scholarships available. 4-H members may fill out applications and get monies to reimburse fees for 4-H Camp, Discovery Days, Kansas Youth Leadership Forum, or any other 4-H sponsored event that has a registration fee.

Also, the Development Fund offers educational scholarships to members who have been involved in 4-H a minimum of three years and are graduating high school. Additionally former members who are enrolled in understudy classes or attending vocational school may also receive an alumni scholarship to help offset their educational expense.

Please consider making a contribution today! Your gift to the Russell County 4-H Development Fund allows us to build bright future for our next generation of leaders.

You may send your donation to Russell County 4-H Development Fund, 309 S Fossil, Russell, KS 67665.
Ellsworth Events

2023 EW County 4-H Council Officers

President
Rebekah Vague

Vice President
Trenton Hays

Secretary
Josey Norris

Treasurer
Sam Thielen

Reporter
Molly Ehrlich

2022-2023 Ellsworth County Achievement Banquet

Shoot For the Stars with 4-H

SATURDAY, OCTOBER 21

Location:
Ellsworth JR/SR High School
211 W 11th St. Ellsworth, KS 67439
Time: 6:00pm

RSVP by Oct. 6th

Window Displays
Clubs will be placing their window displays in business windows throughout Ellsworth County the first weekend of October. The window displays will be judged by local community members. The winning club's window display will be used for the theme for the 2023-2024 4-H year. Be sure to go check out all of the displays at the following businesses:

2515 Ave E, Wilson, KS
First Bank Kansas
Post Rock Rural Water
Reliant Roofing
State Farm Insurance

Ellsworth Gun Club will be having their annual meeting on October 29th. Contact the office for more information.

******************
4-H Council Meeting
October 23 at 6:30pm

Be prepared for these meetings with officer and committee reports!

******************
Fair Association Meeting
October 9 at 7:00pm

Annual 4-H Shooting Sports Meeting
October 29
4-H in the News
Kansas State Fair
4-H Online Enrollment
It is now time to start enrolling your youth in 4-H Online for the upcoming 4-H year!
4-H Online: https://v2.4honline.com/#/user/sign-in.

Below is a link to the Family Enrollment Guide and other resources you may find helpful. If you get stuck in the enrollment process, please follow along with the guide. It shows you how to login on the first page. If you had an account in 4-H Online previously, you will use the same login information this year. After logging in, returning members will need to skip to page 6 to enroll current members or page 4 if you need to add another family member.

***Russell County Members: Please check your emails for a coupon code before finishing the enrollment process!

If you have problems, please feel free to reach out to our office for assistance!

Enrollment Guide and other helpful resources:
https://www.kansas4-h.org/resources/4-h-online/index.html

Do you LOVE 4-H?
Are you interested in public speaking and giving presentations?
Are you in ninth grade or above and completed two or more years in 4-H?

If you answered YES to these questions, you sound like a great candidate for a Midway District 4-H Ambassador!

Applications are due October 17th and may be followed by an interview to discuss your application.

Ambassadors agree to give two presentations per year about 4-H and to assist in promotional activities for 4-H.

For more information and an application, please click on the link below:
https://www.midway.k-state.edu/4-h/get-involved/clubs/docs/Ambassador%20Application.pdf
LEADERS....

DID YOU...

**REVIEW**
- 4-H Update Important Dates/Deadlines (Calendar)

**TO DO**
- Check mailbox at the Extension Office
- Report from 4-H Council Meetings
- Provide any leadership changes to the Extension Office ASAP
- Update Volunteer Renewal information

**PROMOTE/RECRUIT**
- 4-H members: ask a friend to attend meetings
- Encourage current 4-H members to review and complete applications for KYLF, Citizenship in Action, Citizenship Washington Focus
- Remind all 4-H members and parents who are volunteers to enroll via 4-H Online
- The Extension Office has a copy of the Cloverbud handbook for each club—please provide this resource to your club Cloverbuds
- Provide officers and clubs leadership updates as soon as possible to the Extension Office

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**Welcoming New Members**

As we begin a new 4-H year, it is important to help our new members feel welcome. Click on the pictures below to learn some tips and tricks for welcoming new members to your club.

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**4-H Council—as you select representatives from your club for 4-H Council, please remind them of the responsibility and expectations of serving as a Council representative. This is the opportunity to share information at Council with your club and bring information back from Council to each club meeting.**

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When you are enrolling in 4-H online. You will be asked to sign some release forms. Including, the Publicity Release. If a family marks “I Do Not Agree” the members name will not be called out during public events (livestock shows or style review), names on entry cards will be removed, and results will not be included in the newspaper or Facebook. This will be applied for a whole year and the same rules follow from county to national events.
**4-H Happenings**

**Kansas Youth Leadership Forum and the Kansas Volunteer Leader Forum**

**What:** Build your leadership skills and potential through workshops, consulting groups, inspirational speakers and more. In addition, the 2024 State 4-H Youth Leadership Council will be elected and up to six National 4-H Conference delegates will be selected through an interview process at KYLF.

**When:** November 18-19, 2023

**Where:** Rock Springs 4-H Center

**Who:** Youth 14-18 years of age before January 1, 2024

**Registration Deadline:**
Deadline - October 16, 2023

[Register Here](#)

October 7-8, 2023 - Join us this fall in seeing just how much we can give back to our communities! The weekend at the end of National 4-H Week is the perfect opportunity to setup a service project. Invite your friends, clubs, adult volunteers, local service organizations and past 4-H'ers too! Go to www.Kansas4-H.org/484H to register and get more information.

A project of the Kansas 4-H Youth Leadership Council

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**JUNIOR SWINE AND MEAT GOAT PRODUCER DAYS**

K-State Junior Sheep Producer Day is Saturday, March 16. Junior Beef Producer Day is Saturday, March 2. Both events take place in Weber Arena on the Kansas State University campus in Manhattan. These educational events are organized by the K-State Youth Livestock Program. All ages and skill levels are invited to increase knowledge related to the goat project.

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**Junior 4-H T-Shirts**

Order by December 1, 2023

A fundraiser for the Kansas 4-H Youth Leadership Council

2 design options for 2023

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**K-State Junior Sheep Producer Day**

Saturday, March 16

**K-State Junior Beef Producer Day**

Saturday, March 2

Both events take place in Weber Arena on the Kansas State University campus in Manhattan.

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**Kansas 4-H T-Shirts**

Order by December 1, 2023

**A fundraiser for the Kansas 4-H Youth Leadership Council**

2 design options for 2023

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**48 Hours of 4-H**

A weekend of service. A lifetime of impact.

For more information click here
Upcoming Events

October 1
4-H Online Enrollment Opens

October 1-7
National 4-H Week

October 17
Ambassador Applications Due

October 21
Ellsworth Achievement Banquet

October 22
Russell Achievement Banquet

November 1
Club Officers to the Extension Office

November 5
Russell County Project Fair

November 27
Officer Training

If you would prefer receiving this newsletter via mail (in addition to the email and posted version), call the Extension Office at (785) 483-3157 and we will add you to the mailing list.

Upcoming Events: Be sure to regularly check the Midway District website for upcoming shows and clinics.

www.facebook.com/Midway4H
www.facebook.com/MidwayKSRE

@Midway4H @MidwayKSRE

@ksre_midway

www.midway.k-state.edu/events/areashows.html
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- **4-H Online Entry Deadline for Club Days**
- **Veteran’s Day**
- **Office Closed in Honor of Veteran’s Day**
- **Office Closed Thanksgiving Holiday**
- **Office Closed Thanksgiving Holiday**
- **Office Closed Thanksgiving Holiday**