

4-H UPDATE

4-H Grows
Here

Midway District 4-H Newsletter

MIDWAY DISTRICT 4-H PROGRAM represents
ELLSWORTH AND RUSSELL AREA 4-H CLUBS

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(785) 472-4442

RUSSELL OFFICE
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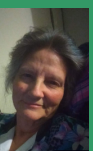
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New 4-H year means new goals. Goals teach youth to work toward, purpose to keep them motivated and something to celebrate. Learning how to set goals is a vital skill for young people. After all, it's hard to get somewhere without knowing the destination you're heading to. Goals help youth focus on the journey to whatever they want to achieve, helping them to make plans, use their time and resources wisely, and identify the places where they may need some help.

Every day 4-Hers consider new ways of planning for their futures, getting involved in their community, and creating fun opportunities for their peers, all of which involve short-term goals and long-term goals to bring ideas to life.

SMART goals are a way to write goal statements that include the actual steps that you need to take to achieve the goal.

A SMART goal is....

- Specific
- Measurable
- Attainable
- Realistic
- Time-bound

When I thought of goals for my Project record, I did leadership or citizenship every month. If you need help discussing or writing goals, please email me or call the office.

Karrie Van Winkle





Russell Report



2023-2024 RS County 4-H Council Officers

President
Kierra Eck

Vice President
Conner Miller

Secretary
Katelyn Haddock

Treasurer
Teagen Pfeifer

Reporter
Charlie Herbel

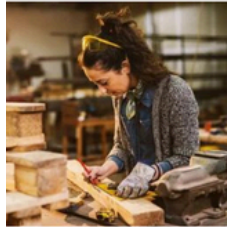
4-H Council Meeting
November 25 at 7:00pm

Be prepared for these
meetings with officer and
committee reports!

Russell Fair Board Meeting
October 14 at 7:00pm

4-H Junior Leaders
November 25 at 6:00pm

2024



Project FAIR

November 3, 2024
Russell 4-H Building
702 Fairway Dr, Russell, KS 67665
2:00-5:00pm

Come learn about a new project or learn more
about a project you are enrolled in.

**Fiber Arts | Foods & Nutrition |
Posters/Displays | Small Engines | Style
Revue/ Buymanship | Woodworking**

Cloverbuds are welcome to attend

RSVP with the link
provided or the QR code
by October 27th at
11:59pm

https://kstate.qualtrics.com/jfe/form/SV_70tJM DPyju5x8x0



4-H Takes the Cake 2023-2024 Russell County ACHIEVEMENT BANQUET

Sunday, October 20, 2024

**Pumpkin decorating and
board games (provided by
Russell 4-H Jr, Leaders)- 3:30pm**
**Dessert Bar (provided by 4-H
Council)- 4:00pm**

Gorham Senior Center
99 Clifford St,
Gorham, KS 67640

**RSVP deadline is
Sunday, October 13th
at 11:59pm**

To register use the link or QR code.
https://kstate.qualtrics.com/jfe/form/SV_8wzxXbZtrnMNxRQ

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Karrie Van Winkle two weeks prior to the start of the event at 785-483-3157 and karrievan@ksu.edu. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.



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 Midway
District

Thank you to the
Russell County 4-H
Development
Fund for
continuing to
pay the 4-H
Enrollment fees
for
Russell County 4-H
members!
Your support of
our program is
greatly
appreciated!



Ellsworth Events



2023-2024 EW County 4-H Council Officers

President
Molly Ehrlich

Vice President
Ashlyn Schwerdtfeger

Secretary
Brekyn Zier

Treasurer
Addie Janzen

Reporter
Josey Norris

4-H Council Meeting
October 28 at 6:30pm

Be prepared for these
meetings with officer and
committee reports!

Fair Association Meeting
October 7 at 6:30pm

EW Junior Leaders Meeting
October 28 at 7:00pm

2023-2024 Ellsworth County Achievement Banquet

Picture Yourself with 4-H

**Saturday, November 9, 2024
7:00pm**

**Ellsworth JR/SR High School
211 W 11th St. Ellsworth, KS 67439**

Ellsworth 4-H Council will be
providing a dessert bar



RSVP deadline is Friday, November 1st
at 11:59pm

To register use the link or QR code.
https://kstate.qualtrics.com/jfe/form/SV_1XGT9XjjDozWla6



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Window Displays

Clubs will be placing their window displays in business windows throughout Ellsworth County the first weekend of October. The window displays will be judged by local community members. The winning club's window display will be used for the theme for the 2024-2025 4-H year. Be sure to go check out all of the displays at the following businesses:

**First Bank Kansas
Mosaic on Main Street
Post Rock Rural Water
State Farm Insurance
Wilson Foods**

Ellsworth Gun Club will be having their annual meeting on October 6th. Contact the office for more information.





Family Resource Page



4-H Online Enrollment

It is now time to start enrolling your youth in 4-H Online for the upcoming 4-H year!

4-H Online: <https://v2.4honline.com/#/user/sign-in>.

Below is a link to the Family Enrollment Guide and other resources you may find helpful. If you get stuck in the enrollment process, please follow along with the guide. It shows you how to login on the first page. If you had an account in 4-H Online previously, you will use the same login information this year. After logging in, returning members will need to skip to page 6 to enroll current members or page 4 if you need to add another family member.

*****Russell County Members:** Please check your emails for a coupon code before finishing the enrollment process!

If you have problems, please feel free to reach out to our office for assistance!

Enrollment Guide and other helpful resources:

<https://www.kansas4-h.org/resources/4-h-online/index.html>

- **Do you LOVE 4-H?**
- **Are you interested in public speaking and giving presentations?**
- **Are you in ninth grade or above and completed two or more years in 4-H?**

If you answered YES to these questions, you sound like a great candidate for a Midway District 4-H Ambassador!

Applications are due October 15th and may be followed by an interview to discuss your application.

Ambassadors agree to give two presentations per year about 4-H and to assist in promotional activities for 4-H.

For more information and an application, please click on the link below:

<https://www.midway.k-state.edu/4-h/clubs/Ambassadors.html>





Learning Center



LEADERS.... DID YOU...

REVIEW

- 4-H Update Important Dates/Deadlines (Calendar)

TO DO

- Check mailbox at the Extension Office
- Report from 4-H Council Meetings
- Provide any leadership changes to the Extension Office ASAP
- Update Volunteer Renewal information

PROMOTE/RECRUIT

- 4-H members: ask a friend to attend meetings
- Encourage current 4-H members to review and complete applications for KYLF, Citizenship in Action, Citizenship Washington Focus
- Remind all 4-H members and parents who are volunteers to enroll via 4-H Online
- The Extension Office has a copy of the Cloverbud handbook for each club—please provide this resource to your club Cloverbuds
- Provide officers and clubs leadership updates as soon as possible to the Extension Office

Welcoming New Members

As we begin a new 4-H year, it is important to help our new members feel welcome. Click on the pictures below to learn some tips and tricks for welcoming new members to your club.



****4-H Council—as you select representatives from your club for 4-H Council, please remind them of the responsibility and expectations of serving as a Council representative. This is the opportunity to share information at Council with your club and bring information back from Council to each club meeting.**

When you are enrolling in 4-H online. You will be asked to sign some release forms. Including, the Publicity Release. If a family marks “I Do Not Agree” the members name will not be called out during public events (livestock shows or style review), names on entry cards will be removed, and results will not be included in the newspaper or Facebook. This will be applied for a whole year and the same rules follow from county to national events.

4-H Happenings

TWO 4-H EVENTS - ONE DATE!

**SATURDAY, OCT 26
HAYS, KS**

SHUTTERBUGS

Who should register:

4-H members in the north west area enrolled in the photography project who are interested in learning new skills and photography techniques! Family members may attend as well as long as they are registered. This is a great way to get a head start on your photography project!

LIVE WELL, LEAD WELL

Who should register:

All 4-H youth age 7 to 18 are asked to join us for an exciting afternoon (1 p.m. - 5 p.m.) packed with interactive, hands-on activities designed to help you build a Strong Mind, Active Heart, Helping Hands, and Healthy Lifestyles.

Location for both events:

Agriculture Research Center, (Big Creek) 1232 240th Ave. Hays, Ks.

Times for both events:

Shutterbugs 8:30 - 12:00 Light Lunch Live Well, Lead Well 1:00 - 5:00

Event Topics:

- Black & White photos
- Composition
- Tricks with light--colored bottles
- Macro
- Reflections/Avoid reflections
- Bubbles
- New This Year: Drone Photography Demo



Accommodations:

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting Amy Collins by October 22 at 785-532-8300. Requests received after this date will be honored when it is feasible to do so.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service. K-State Research and Extension is an equal opportunity provider and employer.

Event Objective

Participants will learn and practice Yoga movements & breathing techniques, resting & active heart rates, become aware of benefits of helping others, and create a healthy smoothie.



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48 Hours of 4-H

A weekend of service. A lifetime of impact.

October 12-13, 2024 - Join us this fall in seeing just how much we can give back to our communities! The weekend at the end of National 4-H Week is the perfect opportunity to setup a service project. Invite your friends, clubs, adult volunteers, local service organizations and past 4-H'ers too! Go to www.Kansas4-H.org/484H to register and get more information.

For more information [click here](#)

BEYOND READY 4-H Officer Training

November 15, 2024

6:00p.m. - 8:30p.m.

4-H Educational Building - Great Bend, KS
601 N Hwy 281, Great Bend, KS

If you've been elected to an important office in your 4-H Club. Come learn your roles and responsibilities for your club. 4-H alumni and other volunteers will be presenting the sessions.

Pizza and drinks will be provided

RSVP with the link provided or the QR code by November 6th

https://kstate.qualtrics.com/jfe/form/SV_1zQ8Zp5wRgWnTL0



Barton County—620-793-1910
Ellis County—785-628-9430
Midway District—785-483-3157

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Parents come learn how to take your role BEYOND as a parent, leader, and volunteer. By learning about online resources, policy, and and helping 4-H'ers Thrive.

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. If accessible accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Karrie Van Winkle two weeks prior to the start of the event on November 13th at 785-483-3157 or karrievan@ksu.edu. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.

Kansas Youth Leadership Forum and the Kansas Volunteer Leader Forum

What: Build your leadership skills and potential through workshops, consulting groups, inspirational speakers and more. In addition, the 2025 State 4-H Youth Leadership Council will be elected and up to six National 4-H Conference delegates will be selected through an interview process at KYLF.

When: November 23-24, 2024

Where: Rock Springs 4-H Center

Who: Youth 14-18 years of age before January 1, 2025

Registration Deadline:

October 15, 2024

https://kstate.qualtrics.com/jfe/form/SV_03ttx4nEQbPluH



Upcoming Events



October 1

4-H Online Enrollment Opens

October 6-12

National 4-H Week

October 15

Ambassador Applications Due

October 20

Russell Achievement Banquet

November 1

Club Officers to the Extension
Office

November 3

Project Fair at Russell 4-H
Building

November 9

Ellsworth Achievement Banquet

November 15

Officer Training

Upcoming Events: Be sure to regularly check the Midway District website for upcoming shows and clinics.

www.midway.k-state.edu/events/areashows.html



www.facebook.com/Midway4H
www.facebook.com/MidwayKSRE



@Midway4H @MidwayKSRE



@ksre_midway

If you would prefer receiving this newsletter via mail (in addition to the email and posted version), call the Extension Office at (785) 483-3157 and we will add you to the mailing list.

Karrie will be working in the Ellsworth Office

October 15	October 28
November 6	November 19
November 26	December 5

October 2024

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,
LS-Lonestar, SF-Sunflower, SS-Shooting Sports,
TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 4-H Online Enrollment Opens	2 	3	4	5
6 Club Meetings: BC NATIONAL 4-H WEEK	7 Club Meetings: ECFA Meeting NATIONAL 4-H WEEK	8 NATIONAL 4-H WEEK	9 NATIONAL 4-H WEEK	10 Extension Board Meeting – EW NATIONAL 4-H WEEK	11 NATIONAL 4-H WEEK	12 48 Hours of 4-H NATIONAL 4-H WEEK
13 48 Hours of 4-H Club Meetings: AC/WW/LS/SF/CL	14 Club Meetings: RS Fairboard	15 Ambassador Applications Due	16 Club Meetings: WCV	17	18	19
20 RS Achievement Banquet Club Meeting: TT/EH	21	22	23	24	25	26
27	28 Club Meetings: EW Council RS Jr. Leaders	29	30	31		

November 2024

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,
LS-Lonestar, SF-Sunflower, SS-Shooting Sports,
TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 CLUB OFFICER WORKSHEETS DUE	2
3 Club Meetings: BC	4 Club Meetings: ECFA Meeting	5	6	7 Extension Board Meeting-RS	8	9
10	11 Veteran's Day OFFICE CLOSED IN HONOR OF VETERAN'S DAY Club Meetings: RS Fairboard	12	13 Club Meeting: WCV	14	15	16
17 Club Meetings: AC/WW/LS/SF/CL	18	19	20	21	22	23
24 Club Meetings: TT/EH EW Jr. Leaders	25 Club Meetings: RS Council	26	27	28 Thanksgiving OFFICE CLOSED THANKSGIVING HOLIDAY	29 OFFICE CLOSED THANKSGIVING HOLIDAY	30