While spending a considerable amount of time at the Kansas State Fair in September, it was great to see so many Midway District 4-H families in Centennial Hall, on the grounds, and in the barns!

Our district had a strong presence in the state fair with 113 entries. Of those entries, we had one item selected for display at Rock Springs, five that received the Kansas 4-H Foundation Award, one Junior Champion, and two Reserve Junior Champions.

In addition, we had 19 purples, 54 blues, 33 reds, and 5 whites awarded to our district!

Good work and congratulations to all of the 2019 Kansas State Fair participants!

We now have the opportunity to follow up with National 4-H Week! I am looking forward to hearing about and seeing pictures from service projects. Remember, as you take pictures of your projects, send them to our office to be posted on our Facebook page.

Marcia Gier
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Jessica Kootz
Family and Consumer Sciences
jessicak@ksu.edu

Craig Dinkel
Crops/Horticulture
cadinkel@ksu.edu

Shawna Pack
Office Professional
Ellsworth Office
sjreuer@ksu.edu
2018-19 EW County 4-H Council Officers:
President: Rachel Sebesta
Vice Pres: Sydney Wilson
Secretary: Rebekah Vague
Treasurer: Teagon Nienke
Reporter: Kason LaMont

4-H Council Meeting
Oct. 14 @ 6:30pm
Be prepared for these meetings with officer and committee reports!

ECFA Board Meeting
Nov. 4 @ 6:30pm

Junior Leaders
Oct. 13 @ 7pm

Ellsworth Fire Station
Join our Leadership Road Trip!

Window Display Contest!
The annual Window Decorating Contest is rapidly approaching.
Window displays need to be in place by 8 AM October 7th.
Remember—your idea needs to catch interest, promote 4-H, let viewers know how they can join 4-H and include your club name!
This is a great opportunity to share what 4-H means to your club with the community who may not know much about 4-H.

Achievement Banquet Assignments
The 2019 Ellsworth Achievement banquet is scheduled for Saturday, November 2 at the Ellsworth High School Commons.

Program: COUNTY LINERS
Location/Decoration: TRYING TOMMIES
Food Line/Drinks: ASH CREEK
Clean-Up: WILSON WINNERS
Photos: ELKHORN

ALL 4-H FAMILIES: The Ellsworth Achievement Banquet is a pot-luck style event. It is your responsibility to provide dishes for the event. You will also need to bring your own table service (Dishes, Silverware, Napkins, and Serving Utensils for dishes provided if possible). Please clearly label any containers you bring so that we can easily return dishes!

EW 2020 Fair Dates!
The EW Fair dates are set!
The fair will be July 18-23, 2020.
See you there!
2018-19 RS County 4-H Council Officers:
President: Lauren Myers
Vice Pres: Gracie Karst
Secretary: Grace Lumpkins
Treasurer: Braden Mai
Reporter: Rhett Pospichal

4-H Council Meeting
Nov. 11 at 7:00pm
Be prepared for these meetings with officer and committee reports!

Russell Fair Board Meeting
Oct. 14 at 7:00

4-H Junior Leaders
Oct. 27 @ 5:30

4-H, A WHIRLWIND OF FUN

ACHIEVEMENT BANQUET
SUNDAY OCTOBER 13th
GORHAM SENIOR CENTER
(99 Clifford St, Gorham KS)
5:00 FARM OLYMPICS
6:00 DINNER (BBQ—Provided by YNOT BBQ )
ACHIEVEMENT BANQUET TO FOLLOW
RSVP TO THE OFFICE BY OCTOBER 4TH!!

The Russell County 4-H Development Fund reminds Russell County 4-H members that scholarships are available for experiences such as KYLF, Citizenship In Action and Citizenship Washington Focus! Please see the Extension Office for more information if you are considering one of these trips and would be interested in applying for a scholarship.

Russell Space Tech!
Rhonda Haberer has graciously volunteered to donate ignitors and recovery wadding for Russell 4-H members enrolled in Space Tech!
You will be able to stop by the office to pick up these supplies. When you do, please be sure to leave a Thank You note for the Haberer family.

Russell Report
Join over 6 million young people, 500,000 volunteers and 3,500 4-H professionals to celebrate America’s largest youth organization during National 4-H Week! The theme of this year’s National 4-H Week, which takes place from October 6 – 12, is *Inspire Kids to Do!* Visit [www.Kansas4-H.org](http://www.Kansas4-H.org) to find out more.

Watch the Midway District Facebook Page for fun 4-H Week opportunities, including a selfie booth in each office, drawings and more!

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**4-H Ambassadors**

Do you LOVE 4-H?
Are you interested in public speaking and making presentations?
Are you in ninth grade or above and completed two or more years in 4-H?
If you answered YES to these questions, you sound like a great candidate for a Midway District 4-H Ambassador!
Applications are due December 1st and may be followed by an interview to discuss your application.
Ambassadors agree to give two presentations per year about 4-H and to assist in promotional activities for 4-H.
Many of the events and paperwork—most definitely the paperwork—for 4-H can be overwhelming for new 4-H families! This page will be used to highlight things that may be helpful to know in regard to upcoming events, deadlines, and necessary documents.

How many projects should a new 4-H member enroll in?

This is a great question and it depends on several things but I would always say that Less is More!

For 7-9 year olds, 1-3 projects is plenty. It is more important to delve into a project and learn at a deeper level rather than enrolling in a dozen things and skimming the surface of each. You do need to be enrolled in a project area in order to exhibit at the fair and trying to manage too many entries in multiple projects can be a recipe for frustration for kids and parents!

For older youth who are new to 4-H, I would recommend 3-5 project areas for the same reasons.

It is OK if your 4-H member tries a project and the next year decides to try something completely different. One of the best parts of 4-H is the ability to try different project areas to see where interests and talents lie. That said, enrolling in a project that interests a 4-H member for multiple years allows for a deeper understanding and knowledge of that project area.

For Cloverbuds, I would encourage 1-2 project areas that are appropriate for their age and ability. Please keep in mind that Cloverbuds do not exhibit livestock at the fairs. They can certainly enroll in a livestock project but would make a poster or display for the fair.

When does my 4-H member enroll in projects?

4-H members will select project areas during their enrollment process. These can be changed or projects added until May 1. Please keep in mind that project enrollment reports are typically run in December to provide project and club leaders, as well as the Extension Office, with mailing/contact lists for the year.

How do we plan for Club Days?

I would suggest identifying a demonstration or illustrated Talk topic in early December to allow time to research and develop the presentation. You will want to allow plenty of time to make your visual aids and practice the demonstration or talk to use as few notes as possible. Those who are successful at Demonstrations or Illustrated Talks will tell you that the better you know your topic and have practiced, the easier it is to adjust if things don’t go perfectly. There is a handbook available at http://online.flipbuilder.com/dosi/vyff/mobile/index.html#p=1

What is the Favorite Foods Show?

The Favorite Foods Show is held at the Russell 4-H Building and open to all Midway District 4-H members. The Favorite Foods Show combines the art of planning an event with learning about nutritional value and setting a table. A handbook is available with more details. The Favorite Foods Show will be held Jan. 26 so look for registration information soon. There is a handbook available at http://www.midway.k-state.edu/4-h/docs/handbooks/Favorite%20Foods%20Show%20Handbook.pdf
Review

- 4-H Update Important Dates/Deadlines (Calendar)
- Check Club Mailbox at Ext Office
- Report from 4-H Council Meetings
- Provide any leadership changes to Extension Office ASAP
- Update Volunteer Renewal Information!!!!

To-Do

- Check Club Mailbox at Ext Office
- Report from 4-H Council Meetings
- Provide any leadership changes to Extension Office ASAP
- Update Volunteer Renewal Information!!!!

Promote/Recruit

- 4-H members ask a friend to attend a 4-H meeting with them
- Encourage current 4-H members to review and complete applications for KYLF, Citizenship In Action, Citizenship Washington Focus
- Remind all 4-H members and parents who volunteer to enroll via 4-H Online!
- The Extension Office has a copy of the Cloverbud handbook for each club—please provide this resource to your club Cloverbud leader.
- Invite non 4-H families to attend 4-H events.
- Provide officer and clubs leadership updates as soon as possible to the Extension Office

Curriculum Spotlight

The Dog Project Activity Guide
Levels 1-3 plus a Helper’s Guide

Level One is geared towards 3rd-5th graders and has the following chapters: Selection and Care; Health and Nutrition; Behavior and Training; and Fitting and Showing.
Level two is appropriate for 6th-8th grade and has the following chapters: Selection and Care; Health and Nutrition; Behavior and Training; and Fitting and Showing.
Level three is tailored for 9th-12th grade with the following chapters: Health and Care; Behavior and Training; Dogs and Society; and Showing Leadership

Don’t forget that this curriculum and curriculum for many more project areas are available to check out from the extension office.

Financial Review time!

Club Financial Reviews are due to the Extension Office by October 25.

Please establish your committee now to carefully review the finances and fully complete the form.

Kansas Extension law as well as federal and state expectations for use of all funds generated in support of Extension programs require the Director for Extension and Extension Council/District Boards to be accountable for non-appropriated funds generated for Extension programs within their jurisdiction. In other words, the Director for Extension and the Extension Board are accountable for funds raised and/or collected by such groups as 4-H Clubs, 4-H Councils, and Master Gardeners.

In order for the local Extension unit to ensure compliance with financial requirements for 4-H and other Extension affiliated groups, a yearly financial review of those accounts is to be conducted by a Financial Review Committee of the club/group. Approval of the reports is documented by the local unit board, recording in their minutes a motion to approve the reports, including in the minutes the name of each club/group. This review and board approval is required of all clubs/organizations.

If you need more information or assistance in completing the financial review, please let Marcia know.
It’s time to start thinking about enrollment for the next 4-H year! In 4-H, we believe in the power of young people. We see that every child has valuable strengths and real influence to improve the world around us. We are America’s largest youth development organization—empowering nearly six million young people across the U.S. and over 74,000 youth in Kansas with the skills to lead for a lifetime.

4-Hers can enroll for the 2019-2020 4-H year on or after October 1st at:

https://kansas.4honline.com/Login.aspx?3D403D4065476E5551444A414B68513D

Be sure to choose projects as you enroll. If you are interested in trying some new project areas please check out the Midway District website for project guides here: https://www.midway.k-state.edu/4-h/get-involved/projects.html

Kansas Youth Leadership Forum (KYLF) and the Kansas Volunteer Forum (KVF) is held November 23-24, 2019 at Rock Springs. KYLF is for youth ages 14-18 before January 1, 2020 and KVF is for all Kansas 4-H Volunteers. KYLF will feature leadership workshops, Youth Council Elections, and opportunities to learn and have fun. The Kansas 4-H Volunteer forum will feature workshops and information to help volunteers be more effective.

The registration deadline is October 15 for both events at an early bird rate or before November 1 at the regular rate. Go to the link below to register.

http://www.cvent.com/events/2019-kansas-4-h-leadership-weekend/event-summary-8506ce70452e4c2e97f64c30d7fd6830.aspx
UPCOMING EVENTS—MARK YOUR CALENDARS!

OCTOBER
1—Enrollment for 2019-2020 4-H Year
6-12—National 4-H Week
9—Kid’s Ag Day
12-13—48 Hours of 4-H
25—Club Financial Reviews due

NOVEMBER
1—Club Officer Worksheets Due
11—Office Closed-Veteran’s Day
15—Officer Training
28-29—Office Closed-Thanksgiving Holiday

Are you a Dog Lover?
The Kansas 4-H Dog Conference and Quiz Bowl will be October 19-20. It is open to all Kansas 4-H members, accompanying parents, volunteer 4-H leaders and KSRE staff. This year’s theme is "Rock Star 4-H Dogs." Cost is $125.00 for full-time participants, $75.00 for Saturday only and $50.00 for Sunday only. The fee for full-time registration covers all educational sessions, speakers, dog presentations, quiz bowl, skill-a-thon, lunch, dinner and breakfast, breaks, and one night’s lodging at Rock Springs 4-H Center. Part-time registration costs are less for fewer educational programs and services provided. T-shirts and hoodies may be ordered on-line for an additional cost.

Youth must be chaperoned by parent or 4-H leader and all dogs must be current with all 4-H required vaccinations in order to participate. Registration closes on October 7. Click on the link below to register.


Upcoming Events—Be sure to regularly check the Midway District website for upcoming shows and clinics! We receive notifications about many different opportunities and make every attempt to keep this current. http://www.midway.k-state.edu/area-shows/index.html
## October 2019

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If you would prefer receiving the newsletter via mail (in addition to the email and posted version), call the Extension Office at 785-483-3157 and we will add you to the mailing list.

*4-H GROWS HERE*

[Facebook](https://www.facebook.com/Midway4H)  [Twitter](https://twitter.com/Midway4H)

[Facebook](https://www.facebook.com/MidwayKSRE)  [Twitter](https://twitter.com/MidwayKSRE)