December 2021

4-H UPDATE

4-H Grows Here

Midway District 4-H Newsletter

MIDWAY DISTRICT 4-H PROGRAM represents ELLSWORTH AND RUSSELL AREA 4-H CLUBS

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Kansas 4-H youth development specialist, Beth Hinshaw knows how important meaningful family time is during the holidays, and how it may be a challenge to come up with ideas on how to spend that precious time together. That's one of the very reasons why the national 4-H program has published a holiday activity guide.

"**The Holiday Activity Guide** has great ways to spend quality time with people, and we can learn so much from our family when we see them at the holidays," Hinshaw said. The Holiday Guide, she said, contains an array of fun activities, such as making ornaments, family story time, visual art projects, and many food recipes.

Within the Holiday Guide is a "cookie book" - listing more than 20 sweet holiday recipes to make together. "In the holiday guide, there are several activities that are STEM and math-focused, but as you read through and think about it, they're fun as well," Hinshaw said. "That's one of the things we pride ourselves on in 4-H -- to have those experiential, fun learning activities."

Food and STEM are both project areas 4-Hers may already be involved in, and the activity guide includes an additional area important during the holidays: service. "It shares how you might put together a winter coat drive for your community," Hinshaw said. "Or how you might make fleece scarves by hand for the homeless."

Click on the link above to begin one of the many fun and educational projects offered by 4-H.

K-STATE Research and Extension | Midway District

K-State Research and Extension is committed to making its services, activities and programs accessible to all participants. Reasonable accommodations for persons with disabilities may be requested by contacting Marcia Gier at marciagier@ksu.edu or 785-483-3157. Notify staff of accommodation needs as early as possible.

Russell Report

2021 RS County 4-H Council Officers

President
Kierra Eck

Vice President
Hope Lumpkins

Secretary
Hailey Gier

Treasurer
Conner Miller

Reporter
Emma Karst

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4-H Council Meeting
January 24 at 7:00pm

Be prepared for these meetings with officer and committee reports!

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Russell Fair Board Meeting
December 13 at 7:00pm

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4-H Junior Leaders
December 27 at 6:00pm

Shooting Sport Practices Start

When: December 9 at 7 pm
Where: 4-H Building-North Room

Practices will be held on Thursdays at 7:00 pm.

If you are interested in joining the Shooting Sports text messages, please text @midwayss to 81010!

FFA & 4-H Livestock Collaboration Project

Russell County 4-H Extension and Russell High School FFA are coming together to create a small livestock project opportunity to learn and grow. 4-H and FFA projects will be able to utilize the facility for minimal costs to help grow a responsible project experience.

Where:
The Russell High School FFA Farm located just east of Shaffer Field on USD 407 property will serve as a location to develop these projects and skills.

What needs to be done:
The project needs help in two different ways as the collaboration begins:

1. Donations of money to help pay for the electrical, structural (insulation), and pen building materials.
    a. This is anticipated to be a $5000- $6000 project using local businesses that will do the work from December 1- February 1.
    b. Donors may make checks payable to USD 407, 802 N. Main, Russell KS. Please be sure to include a MEMO as FFA/ 4-H Farm Project.

2. Donations of time and expertise that can aid in building the pens and organizing the space for families to use.
    a. A work weekend will likely occur soon, organized by KSU Extension agents and the RHS FFA Chapter.

Ellsworth Events

2022 EW County 4-H Council Officers

President
Rebekah Vague

Vice President
Trenton Hays

Secretary
Brekyn Zier

Treasurer
Sam Thielen

Reporter
Abby Dlabal

****

4-H Council Meeting
December 20 at 6:30pm

Be prepared for these meetings with officer and committee reports!

****

Fair Association Meeting
December 20 at 6:30pm

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4-H Junior Leaders
TBD

Shooting Sport Practices Start

When: December 2 at 6 pm
Where: Scout Cabin

Practices will be held on Tuesdays and Thursdays at 6:00 pm.

If you are interested in joining the Shooting Sports text messages, please text @midwayss to 81010!

Junior Leaders

If you are 12 years or older and enrolled in the Leadership project, be sure to contact Junior Leaders advisor, Kristin Haase for more information!

Junior Leaders meetings will start up again in January!

Family Resource Page

Many of the events and paperwork- most definitely the paperwork- for 4-H can be overwhelming for new 4-H families! This page will be used to highlight things that may be helpful to know in regard to upcoming events, deadlines, and necessary documents. Your Club Leader is also a great resource!

What is the Favorite Foods Show?

The Favorite Foods show combines planning an event with learning about nutritional value and setting a table. The Extension Office has a handbook that can provide additional information. This can be found **HERE**.

- Pick a dish that is your favorite! It can represent any course of a meal. You will need to have the recipe turned in by January 12th.
- Pick a theme and create an event based off of your recipe.
- Plan your place setting (card table-sized) to tie into your theme.
- Plan your menu around your theme and particular favorite recipe.
- On January 30th, you will set up your place setting, include your menu, and prepare your selected recipe. During a consultative judging, you will have the opportunity to share your idea, recipe, and place setting with a judge for constructive feedback.

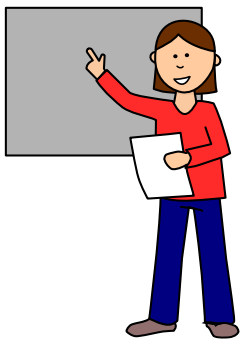
Favorite Foods Show coming January 30!

What is Club Day?

Club Day is an opportunity for 4-H members to demonstrate their talents in several different areas in front of judges and other 4-H members and families. Club Day will be held Sunday, February 27. Members must be enrolled in 4-H Online by December 1 to participate in Club Day. Club Day entries are due to the extension office by Wednesday, January 26. There is also a handbook for this available at the Extension office and on our website **HERE**.

Categories include:

-Project Talk -Show and Tell -Demonstration
-Illustrated Talk -Public Speaking
-Talent (dancing, skits, magic tricks, etc.) -Singing
-Instrumental Skills -Reading -Resume/Interview
-Model Meetings



Learning Center

LEADERS.... DID YOU...

REVIEW

- 4-H Update Important Dates/Deadlines (Calendar)

TO DO

- Check mailbox at the Extension Office
- Report from 4-H Council Meetings
- Provide any leadership changes to the Extension Office ASAP
- Update Volunteer Renewal information

PROMOTE/RECRUIT

- 4-H members: ask a friend to attend meetings
- Encourage current 4-H members to review and complete applications for KYLF, Citizenship in Action, Citizenship Washington Focus
- Remind all 4-H members and parents who are volunteers to enroll via 4-H Online
- The Extension Office has a copy of the Cloverbud handbook for each club- please provide this resource to your club Cloverbuds
- Provide officers and clubs leadership updates as soon as possible to the Extension Office

Volunteer Renewal

Leaders-It is time for annual or three-year renewals!

To renew, simply go to 4-H Online and reenroll for the new year (just like you reenroll your youth participants).

If you need to do your background check through the state again (this is done every three years), no work is required by you! Our office gets that list to the state and the state reruns the background check! We won't do this until you are an active member in our 4-H Online system, however.

Please remember that without updated information on file, clubs can be in jeopardy. Providing a safe, healthy environment for youth is one of the most important jobs that leaders can provide and this is one of the steps in that process.

The link to the Volunteer page is **HERE**.

Thank you for your prompt attention to this important step in leading the youth of the Midway District

Regional Project Record Form Screening

We are looking for volunteers to help at Regional Project Record Form screening on Friday, January 21 in Hays. Each extension unit may send a maximum of three adults to judge award portfolios times the number of counties that comprise the district. this is a great way to understand the process better and help select the strongest candidates for state review. If you are interested, please let Marcia know by January 2 so that you can be registered.

4-H in the News

If you're not leading with anyone behind you, you're just taking a walk.
-Adrion Roberson

This month three Midway District youth participated in Kansas Youth Leadership Forum at Rock Springs Ranch. The youth had the opportunity to build their leadership skills and potential through workshops, consulting groups, inspirational speakers and more.

2022 Midway District 4-H Ambassadors

Keirra Eck
Hailey Gier
Emma Karst
Gracie Karst
Hope Lumpkins

Emerson Nichols
Teagon Pfeifer
Rylan Reeves
Hallie Thielen
Skylar Vaughan-Meier

4-H Happenings

Do you hold an office for your club? If so, join us for Officer Training on Friday, December 10 from 6:00-8:30pm where you will learn your roles and responsibilities for your office.

Drinks and Pizza will be provided.

Parents, we will also have a special session for you!

*** Make sure you fill out a separate RSVP link for EACH family member who will be attending (parents as well)!

To register, click **here**:

Want a fun, family Christmas gift idea? Sign up for the 4-H Day with Wildcat Women's Basketball Event!
Register at: **https://conta.cc/3cbHDDI**

Upcoming Events

December 1
4-H Online Entry deadline for Club Day

December 10
Officer Training

December 24-31
Office Closed for Christmas Holiday

January 12
Favorite Foods Show Recipe Deadline

January 26
Club Day Entries Due

January 30
Favorite Foods Show

February 19
Ellsworth Beef Weigh-in 8:00-11:00

February 20
Russell Beef Weigh-in 2:00-5:00

February 27
Club Day

www.facebook.com/Midway4H
www.facebook.com/MidwayKSRE

@Midway4H @MidwayKSRE

@ksre_midway

If you would prefer receiving this newsletter via mail (in addition to the email and posted version), call the Extension Office at (785) 483-3157 and we will add you to the mailing list.

Upcoming Events: Be sure to regularly check the Midway District website for upcoming shows and clinics.
www.midway.k-state.edu/events/areashows.html

CALENDAR

December 2021

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn, FC-Fossil Creek, LS-Lonestar, SF-Sunflower, SS-Shooting Sports, TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 4-H ONLINE ENTRY DEADLINE FOR CLUB DAYS	2	3	4
5 Club Meetings: BC/LS	6 Club Meetings: ECFA Meeting	7	8	9 Extension Board Meeting - EW	10 OFFICER TRAINING	11
12 Club Meetings: WCV	13 Club Meetings: RS Fairboard	14	15	16	17	18
19 Club Meetings: AC/WW/FC/SF EW Jr. Leaders	20 Club Meetings: CL Club Meeting EW Council	21	22	23	24 Christmas Eve OFFICE CLOSED CHRISTMAS HOLIDAY	25 Christmas
26 Club Meetings: EH/TT	27 Club Meetings: RS Jr. Leaders OFFICE CLOSED	28 OFFICE CLOSED	29 OFFICE CLOSED	30 OFFICE CLOSED	31 New Year's Eve OFFICE CLOSED NEW YEAR'S DAY HOLIDAY	

CALENDAR

January 2022

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn, FC-Fossil Creek, LS-Lonestar, SF-Sunflower, SS-Shooting Sports, TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 New Year's Day
2 Club Meetings: BC/LS	3 Club Meetings: ECFA Meeting	4	5	6	7	8
9 Club Meetings: WCV	10 Club Meetings: RS Fairboard	11	12 FAVORITE FOODS RECIPE/ENTRY DEADLINE	13 Extension Board Meeting - RS	14	15
16 Club Meetings: AC/WW/FC/SF EW Jr. Leaders	17 ML King Day Club Meetings: CL Club Meeting	18	19	20	21	22
23 Club Meetings: TT/EH	24 Club Meetings: RS Council	25	26 Club Day Entries Due	27	28	29
30 FAVORITE FOODS SHOW	31					