

# 4-H UPDATE



## Midway District 4-H Newsletter

MIDWAY DISTRICT 4-H PROGRAM represents  
ELLSWORTH AND RUSSELL AREA 4-H CLUBS

ELLSWORTH OFFICE  
210 N. Kansas Ave.  
Ellsworth, KS 67439  
(785) 472-4442

RUSSELL OFFICE  
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Russell, KS 67665  
(785) 483-3157

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The time of year when we give back to those that helped us or a neighbor down the street. In a time when young people are often criticized for their lack of drive and willingness to give back, 4-Hers are proving them wrong.

Clubs are making a difference in their communities, donating to pantries, having a coat drive and donating to families in need, honoring those serving in the military, helping families with Christmas, sharing their projects and time with the elderly, and so much more.

Youth are often scared at first to do community service but once it is over, it provides physical and mental rewards. The youth enjoy making a difference and learning about their community. I hope 4-Hers continue to provide people wrong.

I hope this holiday season finds your family well and that you get some down time to reflect on the past year and all you are thankful for!

-Karrie

K-State Research and Extension is committed to making its services, activities and programs accessible to all participants. Reasonable accommodations for persons with disabilities may be requested by contacting Karrie Van Winkle at karrievan@ksu.edu or 785-483-3157. Notify staff of accommodation needs as early as possible.



# Russell Report



## 2022 RS County 4-H Council Officers

President  
Kierra Eck

Vice President  
Hope Lumpkins

Secretary  
Teagen Pfeifer

Treasurer  
Conner Miller

Reporter  
Emma Karst

\*\*\*\*\*  
4-H Council Meeting  
November 28 at 7:00pm

Be prepared for these  
meetings with officer and  
committee reports!

\*\*\*\*\*  
Russell Fair Board  
Meeting  
November 14 at 7:00pm

\*\*\*\*\*  
4-H Junior Leaders  
October 28 at 6:00pm

### Russell 4-H Council Scholarship

The Russell 4-H Council offers a scholarship for state events costing more than \$150. 4-H members earn this scholarship by working their shift at the 4-H Food Stand during the Russell County Free Fair. A list is maintained in the office if you are unsure of your eligibility.

In order to receive this scholarship, you must turn in an application with the registration for the event!

### Russell County 4-H Development Fund Eulert 4-H Camp Scholarship

This scholarship is available to any Midway-Russell County 4-H Member who is attending the Rock Springs Ranch 4-H Camp. The 4-H member must tell at least one group of youth about their camping experience and report their presentation to the Extension Office by September 30th of the current 4-H year. Applications are DUE May 15th.

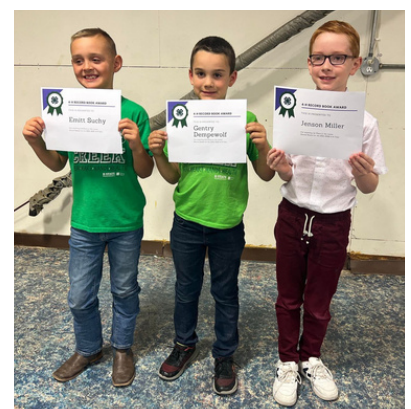
### Russell County 4-H Development Fund Event Scholarship

This scholarship is available to any Midway-Russell County 4-H Member attending a 4-H Event. The 4-H member must tell at least one group of your about their experience and report their presentation to the Extension Office by September 30th of the current 4-H year. Applications can be submitted any time prior to the actual event.

**All of these scholarship opportunities and more can be found [HERE](#).**



# Russell Achievement Banquet





# Ellsworth Events



## 2023 EW County 4-H Council Officers

President  
Rebekah Vague

Vice President  
Trenton Hays

Secretary  
Josey Norris

Treasurer  
Sam Thielen

Reporter  
Molly Ehrlich

\*\*\*\*\*

4-H Council Meeting  
February 27 at 6:30pm

Be prepared for these  
meetings with officer and  
committee reports!

\*\*\*\*\*

Fair Association Meeting  
November 7 at 6:30pm

\*\*\*\*\*

4-H Junior Leaders  
TBD

### Ellsworth 4-H Council Scholarship Application

The Ellsworth 4-H Council offers an event scholarship that can be applied for by 4-H members.

- Submit the application two weeks prior to event or at time of event registration deadline
- Applications received later than 30 days following the event will not be honored.
- Recipient must give a presentation to local 4-H club or 4-H council following the event.
- Scholarship check will be issued after the presentation is verified by local 4-H club leader or Extension Agent.
- A 4-Her may receive no more than \$150\* in total event scholarships each year (October 1- September 30). You may only request up to 1/3 of the total cost of each event.
- Rock Springs Ranch 4-H Camp attendees will be awarded not more than \$50.
- National 4-H events do not count toward the \$125 cap and are considered on an as needed basis.

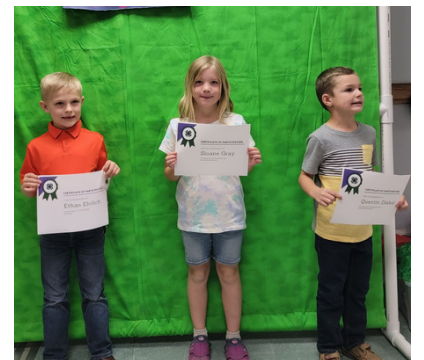
We had great window displays for National 4-H Week. The winner is Wilson Winners 4-H Club. Our 2022-2023 theme is

### Shoot for the Stars with 4-H!





# Ellsworth Events





# Family Resource Page



**Many of the events and paperwork- most definitely the paperwork- for 4-H can be overwhelming for new 4-H families! This page will be used to highlight things that may be helpful to know in regard to upcoming events, deadlines, and necessary documents. Your Club Leader is also a great resource!**

## **When Should we start keeping track of projects, activities, meetings, learning?**

NOW! Seriously though, pull a copy of the record book and pin application that is appropriate and keep them easily accessible. Find a folder or box and have that be the spot where you collect all other 4-H information for the year. You can also place them on the fridge, in a file drawer or wherever they will be handy to update during the year. The more you practice this habit, the easier it will be when it comes time to do record books. It is much easier to keep track along the way than trying to recreate the year's activities in September!

## **What are some of the record keeping tools we should be using?**

- The 4-H Record (Personal Page, 4-H Story, Permanent Record).
- The Project Record Form is a project specific record and a great way to showcase a favorite project or two.
- Pin Application-pins begin with the membership pin. Only one pin may be awarded each year and are awarded in order (if you skip ahead, you cannot go back to apply for a previous award).
- Cloverbuds have their own optional recordbook , it can be found [HERE](#).
- Resources are available [HERE](#).

## **What resources are available for project areas?**

The Extension Offices in both counties have a wide variety of 4-H curriculum books that are available for check-out. There are resources on everything from Beef to Leadership to Woodworking.

## **What can Cloverbuds participate in for Club Days?**

Cloverbuds can present a Show and Tell and participate in a club skit for Club Days. They will receive a participation ribbon for their involvement.



# Learning Center



## LEADERS.... DID YOU...

### REVIEW

- 4-H Update Important Dates/Deadlines (Calendar)

### TO DO

- Check mailbox at the Extension Office
- Report from 4-H Council Meetings
- Provide any leadership changes to the Extension Office ASAP
- Update Volunteer Renewal information

## PROMOTE/RECRUIT

- 4-H members: ask a friend to attend meetings
- Encourage current 4-H members to review and complete applications for KYLF, Citizenship in Action, Citizenship Washington Focus
- Remind all 4-H members and parents who are volunteers to enroll via 4-H Online
- The Extension Office has a copy of the Cloverbud handbook for each club—please provide this resource to your club Cloverbuds
- Provide officers and clubs leadership updates as soon as possible to the Extension Office

## What is the Favorite Foods Show?

The Favorite Foods show combines planning an event with learning about nutritional value and setting a table. The Extension Office has a handbook that can provide additional information. This can be found [HERE](#).

- Pick a dish that is your favorite! It can represent any course of a meal. You will need to have the recipe turned in by January 11th.
- Pick a theme and create an event based off of your recipe.
- Plan your place setting (card table-sized) to tie into your theme.
- Plan your menu around your theme and particular favorite recipe.
- On January 30th, you will set up your place setting, include your menu, and prepare your selected recipe. During a consultative judging, you will have the opportunity to share your idea, recipe, and place setting with a judge for constructive feedback.

### Favorite Foods Show coming January 29!

\*\*4-H Council—as you select representatives from your club for 4-H Council, please remind them of the responsibility and expectations of serving as a Council representative. This is the opportunity to share information at Council with your club and bring information back from Council to each club meeting.

## What is Club Day?

Club Day is an opportunity for 4-H members to demonstrate their talents in several different areas in front of judges and other 4-H members and families. Club Day will be held Sunday, February 26.

Members must be enrolled in 4-H Online by December 1 to participate in Club Day. Club Day entries are due to the extension office by Wednesday, January 25. There is also a handbook for this available at the Extension office and on our website [HERE](#).

### Categories include:

- Project Talk
- Show and Tell
- Demonstration
- Illustrated Talk
- Public Speaking
- Talent (dancing, skits, magic tricks, etc.)
- Singing
- Instrumental Skills
- Reading
- Resume/Interview
- Model Meetings



# 4-H Happenings



In an effort to do their part, the Midway District 4-H youth and Kansas State Research and Extension have taken batteries for recycling for many years. The batteries were then picked up for free of charge by Electrolife Battery out of Lawrence, Kansas. When Electrolife started charging a fee, both 4-H Councils started searching for a grant opportunity to offset the cost of the service being provided to Russell and Ellsworth county residents. Thanks to a grant from Oneok, the councils were able to not only pay for the collection of batteries, but also able to buy some recycling containers to place around the counties at various local businesses. Until recently, the company that picked up the batteries no longer travel out this way. With there still being a demand for recycling batteries, 4-H councils found some local businesses that take batteries. The 4-H clubs were each responsible for taking at least one container, branding it with the club's information, and placing it at a local business. **Each month, a representative from the club goes to the business to collect the batteries and take them to True Value in Ellsworth or the Russell County Noxious Weed Department.** Batteries can be collected all year long during regular business hours. Such as the types that go in radios, flashlights, hearing aids, watches, cameras, and small hand tools. Single use alkaline and zinc-carbon, button-cell or coin, lithium batteries. Rechargeable nickel cadmium (Ni-Cd), lithium ion (Li-ion), nickel metal hydride (Ni-MH), nickel-zinc (Ni-Zn), small-sealed lead acid (Pb) batteries. We will also accept truck or car batteries. The Russell County Noxious Weed Department is open Monday through Friday, 7:30 a.m. to 12:00 p.m. and 12:30 p.m. to 4:00 p.m. We are closed for 30 minutes each day for lunch. Patrons can take their batteries to True Value (212 N Douglas Ave, Ellsworth, KS 67439), or Russell County Noxious Weed Department (205 South Front, P.O. Box 101, Russell, KS 67665), or as well or they can drop their batteries off at any of the recycling tubs at the following local businesses:

## Russell County

United Ag Quick Connection Filling Station-Gorham, Kansas  
United Ag Elevator-Gorham, Kansas  
Gorham City Hall-Gorham, Kansas  
Bomgaars-Russell, Kansas  
Russell City Library-Russell, Kansas  
Great Bend Co-op-Russell, Kansas  
Midway Co-op-Luray, Kansas  
Home Oil-Lucas, Kansas  
Radke Implement-Milberger, Kansas  
Heartland Building Center-Russell, Kansas

## Ellsworth County

Orschelns-Ellsworth, Kansas  
USDA Service Center-Ellsworth, Kansas  
Economic Development-Ellsworth, Kansas  
Central Prairie Co-op-Frederick, Kansas  
Wilson Post Office-Wilson, Kansas



# 4-H Happenings



Proceeds of t-shirt sales benefit  
Kansas 4-H Youth Leadership Council



**PLACE YOUR ORDERS BY NOVEMBER 23<sup>RD</sup>.**  
**ORDERS WILL BE SHIPPED BEFORE CHRISTMAS.**

[www.companycasuals.com/4HSparkTees](http://www.companycasuals.com/4HSparkTees)



Youth Shirt Colors



Adult Shirt Colors

<https://www.companycasuals.com/4HSParkTees>

## Save the Date

### Spring Weigh In

February 18, 2023 at

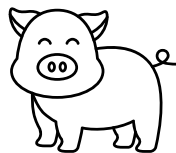
Ellsworth Animal

Health 8-11am

February 19, 2023 at Russell

Livestock Sale barn- 2-5pm

**\*\*Re-enrollment—please have current families complete re-enrollment by December 1 if they want to participate in District Club Day! Also, volunteers will need to update their volunteer status at this time!**



## UNEARTHING POSSIBILITIES 4-H Officer Training

November 22, 2022

6:00p.m. - 8:30p.m.

4-H Building - Russell, KS

702 Fairway Dr, Russell, KS 67665

If you've been elected to an important office in your 4-H Club.  
Come learn your roles and responsibilities for your club.

Collegiate 4-H and other volunteers will be  
presenting the sessions

RSVP with the link provided by November 18th

[https://kstate.qualtrics.com/jfe/form/SV\\_eVFicdEnJrmQ3gG](https://kstate.qualtrics.com/jfe/form/SV_eVFicdEnJrmQ3gG)

Barton County—620-793-1910

Ellis County—785-628-9430

Midway District—785-483-3157

**K-STATE**  
Research and Extension



Parents come learn all about  
your role as a parent, online  
resources, and helping 4-H'ers  
identify ways to take project  
leadership and citizenship to the  
next level

AK-State Research and Extension is committed to making its services, activities and programs accessible to all participants. Reasonable accommodations for persons with disabilities may be requested by contacting Karrie Van Winkle at [karrievan@ksu.edu](mailto:karrievan@ksu.edu) or 785-483-3157. Notify staff of accommodation needs as early as possible.



## JUNIOR SWINE AND MEAT GOAT PRODUCER DAYS

K-State Junior Swine Producer Day is Saturday, March 11. Junior Meat Goat Producer Day is Saturday, March 18. Both events take place in Weber Arena on the Kansas State University campus in Manhattan. These educational events are organized by the K-State Youth Livestock Program.

All ages and skill levels are invited to increase knowledge related to the goat project. Registration is due in February at

<https://commerce.cashnet.com/KSUASIND>.



# Upcoming Events



**November 3**

Club Officers to the  
Extension Office

**November 22**

Officer Training at Russell  
4-H Building

**December 1**

4-H Online Enrollment Due  
to do District Club Day

**December 11**

Russell County Junior  
Leaders Project Fair



[www.facebook.com/Midway4H](http://www.facebook.com/Midway4H)  
[www.facebook.com/MidwayKSRE](http://www.facebook.com/MidwayKSRE)



@Midway4H @MidwayKSRE



@ksre\_midway

If you would prefer receiving this newsletter via mail (in addition to the email and posted version), call the Extension Office at (785) 483-3157 and we will add you to the mailing list.

Upcoming Events: Be sure to regularly check the Midway District website for upcoming shows and clinics.

[www.midway.k-state.edu/events/areashows.html](http://www.midway.k-state.edu/events/areashows.html)

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## November 2022

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,  
FC-Fossil Creek, LS-Lonestar, SF-Sunflower, SS-Shooting Sports,  
TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 CLUB OFFICER WORKSHEETS DUE	2 Extension Board Meeting-RS	3	4
6 Club Meetings: WCV	7 Club Meetings: ECFA Meeting	8	9	10 OFFICE CLOSED VETERANS DAY HOLIDAY	11	12
13 Club Meetings: AC/WW/FC/SF	14 Club Meetings: RS Fairboard	15	16	17	18	19
20 Club Meetings: TT/EH EW Jr. Leaders	21 Club Meetings: CL Club Meeting	22 Officer Training at Russell 4-H Building	23	24 Thanksgiving OFFICE CLOSED THANKSGIVING HOLIDAY	25 OFFICE CLOSED THANKSGIVING HOLIDAY	26
27	28 Club Meetings: RS Council	29	30			

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## December 2022

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,  
LS-Lonestar, SF-Sunflower, SS-Shooting Sports,  
TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 4-H ONLINE ENTRY DEADLINE FOR CLUB DAYS	2	3
4 Club Meetings: BC	5 Club Meetings: ECFA Meeting	6	7	8 Extension Board Meeting - EW	9	10
11 Club Meetings: WCV	12 Club Meetings: RS Fairboard	13	14	15	16	17
18 Club Meetings: AC/WW/LS/SF EW Jr. Leaders	19 Club Meetings: CL Club Meeting EW Council	20	21	22	23	24 Christmas Eve
25 Christmas Club Meetings: EH/TT	26 Club Meetings: RS Jr. Leaders OFFICE CLOSED	27 OFFICE CLOSED	28 OFFICE CLOSED	29 OFFICE CLOSED	30 OFFICE CLOSED	31 New Year's Eve