

# 4-H UPDATE

4-H Grows  
Here

## Midway District 4-H Newsletter

MIDWAY DISTRICT 4-H PROGRAM represents  
ELLSWORTH AND RUSSELL AREA 4-H CLUBS

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(785) 472-4442

RUSSELL OFFICE  
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It's hard to believe Thanksgiving is just around the corner! Despite the crazy year, I have a lot to be thankful for this year. I am very thankful for the people who have made my life fulfilling. I am thankful for my family, who is constantly supporting my busy schedule. I extremely thankful that my daughter can now drive. It really helps out when I have a meeting and my husband is on a calving call and she or her brother have to get somewhere! I am thankful for coworkers who have the same mission and vision and truly want to, "Make the Best Better!!" What do you want to give thanks to this holiday season? Make sure you let those around you know why you are thankful.

A few ideas to celebrate Thanksgiving ...

1. Set up a thank-you card station. Let the kids make handwritten thank-you notes for their family, friends and everyone at the party.
2. Scribe a thankful pumpkin with all the things your family is thankful for. Hand out markers and have each person write what they are thankful for on the thankful pumpkin.
3. Ask everyone to go around the table and share one thing they are thankful for this holiday season.
4. Create a gratitude wall. Have cut outs of different fall shapes (leaves, pumpkins, cornucopias, etc.) Have people write their gratitudes on the shapes and display them on a wall or window.

I hope this holiday season finds your family well and that you get some down time to reflect on the past year and all you are thankful for!

*Marcia Gier*

**K-STATE**  
Research and Extension



K-State Research and Extension is committed to making its services, activities and programs accessible to all participants. Reasonable accommodations for persons with disabilities may be requested by contacting Marcia Gier at marciagier@ksu.edu or 785-483-3157. Notify staff of accommodation needs as early as possible.



# Russell Report



## 2021 RS County 4-H Council Officers

President  
Kalli Pfeifer

Vice President  
Emerson Nichols

Secretary  
Hope Lumpkins

Treasurer  
Kierra Eck

Reporter  
Cheyenne Blundon

\*\*\*\*\*  
4-H Council Meeting  
November 22 at 7:00pm

Be prepared for these  
meetings with officer and  
committee reports!

\*\*\*\*\*

Russell Fair Board Meeting  
November 8 at 7:00pm

\*\*\*\*\*

4-H Junior Leaders  
December 27 at 6:00pm

### Russell 4-H Council Scholarship

The Russell 4-H Council offers a scholarship for state events costing more than \$150. 4-H members earn this scholarship by working their shift at the 4-H Food Stand during the Russell County Free Fair. A list is maintained in the office if you are unsure of your eligibility.

In order to receive this scholarship, you must turn in an application with the registration for the event!

### Russell County 4-H Development Fund Eulert 4-H Camp Scholarship

This scholarship is available to any Midway-Russell County 4-H Member who is attending the Rock Springs Ranch 4-H Camp. The 4-H member must tell at least one group of youth about their camping experience and report their presentation to the Extension Office by September 30th of the current 4-H year. Applications are DUE May 15th.

### Russell County 4-H Development Fund Event Scholarship

This scholarship is available to any Midway-Russell County 4-H Member attending a 4-H Event. The 4-H member must tell at least one group of your about their experience and report their presentation to the Extension Office by September 30th of the current 4-H year. Applications can be submitted any time prior to the actual event.

**All of these scholarship opportunities and more can be found [HERE](#).**



# Russell Achievement Banquet





# Ellsworth Events



## 2022 EW County 4-H Council Officers

President  
Rebekah Vague

Vice President  
Trenton Hays

Secretary  
Brelyn Zier

Treasurer  
Sam Thielen

Reporter  
Abby Dlabal

\*\*\*\*\*

4-H Council Meeting  
December 20 at 6:30pm

Be prepared for these meetings  
with officer and committee  
reports!

\*\*\*\*\*

Fair Association Meeting  
November 1 at 6:30pm

\*\*\*\*\*

4-H Junior Leaders  
TBD

### Ellsworth 4-H Council Scholarship Application

The Ellsworth 4-H Council offers an event scholarship that can be applied for by 4-H members.

- Submit the application two weeks prior to event or at time of event registration deadline
- Applications received later than 30 days following the event will not be honored.
- Recipient must give a presentation to local 4-H club or 4-H council following the event.
- Scholarship check will be issued after the presentation is verified by local 4-H club leader or Extension Agent.
- A 4-Her may receive no more than \$150\* in total event scholarships each year (October 1- September 30). You may only request up to 1/3 of the total cost of each event.
- Rock Springs Ranch 4-H Camp attendees will be awarded not more than \$50.
- National 4-H events do not count toward the \$125 cap and are considered on an as needed basis.

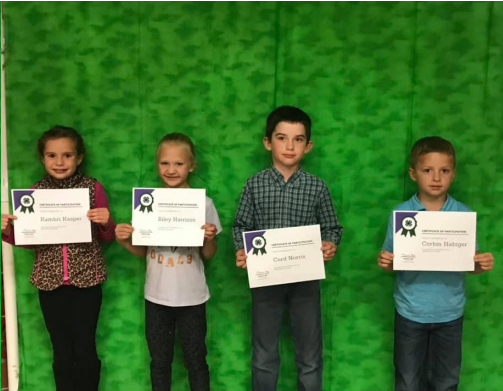
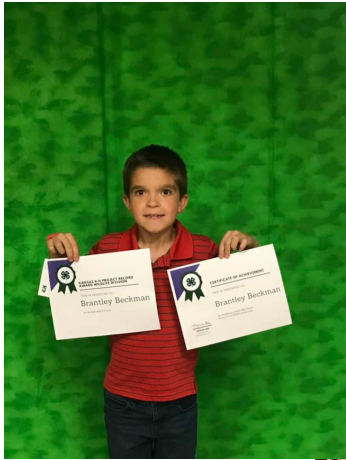
We had great window displays for National 4-H Week. The winner is County Liners 4-H Club. Our 2021-2022 theme is

### 4-H is Nacho Average Club!





# Ellsworth Achievement Banquet





# Family Resource Page



**Many of the events and paperwork- most definitely the paperwork- for 4-H can be overwhelming for new 4-H families! This page will be used to highlight things that may be helpful to know in regard to upcoming events, deadlines, and necessary documents. Your Club Leader is also a great resource!**

## **When Should we start keeping track of projects, activities, meetings, learning?**

NOW! Seriously though, pull a copy of the record book and pin application that is appropriate and keep them easily accessible. At my house, this is always in a folder where we collect all other 4-H information for the year. You can also place them on the fridge, in a file drawer or wherever they will be handy to update during the year. Every year we get a little better at keeping track of this information and it pays off in the end! It is much easier to keep track along the way than trying to recreate the year's activities in September!

## **What are some of the record keeping tools we should be using?**

- The 4-H Record (Personal Page, 4-H Story, Permanent Record).
- The Project Record Form is a project specific record and a great way to showcase a favorite project or two.
- Pin Application-pins begin with the membership pin. Only one pin may be awarded each year and are awarded in order (if you skip ahead, you cannot go back to apply for a previous award).
- Cloverbuds have their own optional recordbook , it can be found [HERE](#).
- Resources are available [HERE](#).

## **What resources are available for project areas?**

The Extension Offices in both counties have a wide variety of 4-H curriculum books that are available for check-out. There are resources on everything from Beef to Leadership to Woodworking.

## **What can Cloverbuds participate in for Club Days?**

Cloverbuds can present a Show and Tell and participate in a club skit for Club Days. They will receive a participation ribbon for their involvement.



# Learning Center



## LEADERS.... DID YOU...

### REVIEW

- 4-H Update Important Dates/Deadlines (Calendar)

### TO DO

- Check mailbox at the Extension Office
- Report from 4-H Council Meetings
- Provide any leadership changes to the Extension Office ASAP
- Update Volunteer Renewal information

### PROMOTE/RECRUIT

- 4-H members: ask a friend to attend meetings
- Encourage current 4-H members to review and complete applications for KYLF, Citizenship in Action, Citizenship Washington Focus
- Remind all 4-H members and parents who are volunteers to enroll via 4-H Online
- The Extension Office has a copy of the Cloverbud handbook for each club-please provide this resource to your club Cloverbuds
- Provide officers and clubs leadership updates as soon as possible to the Extension Office

## What is the Favorite Foods Show?

The Favorite Foods show combines planning an event with learning about nutritional value and setting a table. The Extension Office has a handbook that can provide additional information. This can be found [HERE](#).

- Pick a dish that is your favorite! It can represent any course of a meal. You will need to have the recipe turned in by January 12th.
- Pick a theme and create an event based off of your recipe.
- Plan your place setting (card table-sized) to tie into your theme.
- Plan your menu around your theme and particular favorite recipe.
- On January 30th, you will set up your place setting, include your menu, and prepare your selected recipe. During a consultative judging, you will have the opportunity to share your idea, recipe, and place setting with a judge for constructive feedback.

**Favorite Foods Show coming January 30!**

## What is Club Day?

Club Day is an opportunity for 4-H members to demonstrate their talents in several different areas in front of judges and other 4-H members and families. Club Day will be held Sunday, February 27.

Members must be enrolled on 4-H Online by December 1 to participate in Club Day. There is also a handbook for this available at the Extension office and on our website [HERE](#).

Categories include:

- Project Talk
- Show and Tell
- Demonstration
- Illustrated Talk
- Public Speaking
- Talent (dancing, skits, magic tricks, etc.)
- Singing
- Instrumental Skills
- Reading
- Resume/Interview
- Model Meetings



# 4-H in the News



## Find Your **SPARK**



### **4-H Officer Training**

December 10, 2021

6:00p.m. - 8:30p.m.

4-H Building - Russell, KS

You've been elected to an important office in your 4-H Club.  
Come learn your roles and responsibilities for your club.

4-H Collegiate and other volunteers will be  
representing the sessions

RSVP with the link provided by December 8th  
[https://kstate.qualtrics.com/jfe/form/SV\\_3QzfHWvYqsgcbzM](https://kstate.qualtrics.com/jfe/form/SV_3QzfHWvYqsgcbzM)

Barton County—620-793-1910

Ellis County—785-628-9430

Midway District—785-483-3157

**K-STATE**  
Research and Extension



Parents come learn all about the  
new Project Record Forms,  
ZBooks, Setting Goals, and  
helping 4-H'ers identify ways to  
take project leadership and  
citizenship to the next level





# 4-H Happenings



## Kansas Youth Leadership Forum

Build your leadership skills and potential through workshops, consulting groups, inspirational speakers and more. In addition, the 2022 State 4-H Youth Leadership Council will be elected and up to six National 4-H Conference delegates will be selected through an interview process at KYLF.

**When:** November 20-21, 2021

**Where:** Rock Springs 4-H Center

**Who:** Youth 14-18 years of age before January 1, 2022

**Registration:** Click [HERE](#) to register!

**Registration Deadline:** November 4, 2021



## The Kansas Volunteer Leaders Forum (KVF)

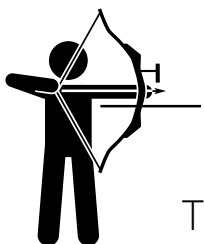
An opportunity for volunteers from the state to learn together while building a network of likeminded passionate adults. Participants will have the opportunity to dive into interactive content they can use to engage their youth members, connect with state and local extension staff to learn about new and exciting 4-H happenings, and engage with the Kansas Association of 4-H Volunteers as a support system for volunteering efforts throughout the year.

For more information and a full schedule, please visit the [Kansas Volunteer Leaders Forum Webpage](#)

Registration due by November 4, 2021 11:59 PM

[Registration Link](#) Has agendas, fees, etc. for each part of the weekend program.

## Calling all Shooting Sports Enthusiasts!



What: Shooting Sports Meeting

When: November 13 at 6:00pm

Where: Scout Cabin, Ellsworth

The club will provide the burgers. Please bring a side dish.

Officers elections for the 2021-2022 4-H year will be done at this time.

ANY Midway District Shooting Sports participant is encouraged to attend!





# Upcoming Events



**November 3**

Club Officers' Worksheet Due

**November 11**

Veteran's Day-Office Closed

**November 25-26**

Thanksgiving-Office Closed

**December 1**

4-H Online Entry deadline for Club  
Day

**December 10**

Officer Training

**December 24-31**

Office Closed for Christmas  
Holiday

**January 12**

Favorite Foods Show Recipe  
Deadline

**January 26**

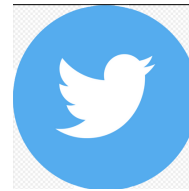
Club Day Entries Due

**January 30**

Favorite Foods Show



[www.facebook.com/Midway4H](http://www.facebook.com/Midway4H)  
[www.facebook.com/MidwayKSRE](http://www.facebook.com/MidwayKSRE)



@Midway4H @MidwayKSRE



@ksre\_midway

If you would prefer receiving this newsletter via mail (in addition to the email and posted version), call the Extension Office at (785) 483-3157 and we will add you to the mailing list.

Upcoming Events: Be sure to regularly check the Midway District website for upcoming shows and clinics.

[www.midway.k-state.edu/events/areashows.html](http://www.midway.k-state.edu/events/areashows.html)

# November 2021

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,  
 FC-Fossil Creek, LS-Lonestar, SF-Sunflower, SS-Shooting Sports,  
 TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Club Meetings: ECFA Meeting	2	3 <b>CLUB OFFICER WORKSHEETS DUE</b>	4	5	6
7 Club Meetings: WCV	8 Club Meetings: RS Fairboard	9	10	11 Extension Board Meeting – RS <b>OFFICE CLOSED VETERANS DAY HOLIDAY</b>	12	13
14 Club Meetings: AC/WW/FC/SF	15 Club Meetings: CL Club Meeting	16	17	18	19	20
21 Club Meetings: TT/EH EW Jr. Leaders	22 Club Meetings: RS Council	23	24	25 Thanksgiving <b>OFFICE CLOSED THANKSGIVING HOLIDAY</b>	26 <b>OFFICE CLOSED THANKSGIVING HOLIDAY</b>	27
28	29	30				

# December 2021

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,  
 FC-Fossil Creek, LS-Lonestar, SF-Sunflower, SS-Shooting Sports,  
 TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <b>4-H ONLINE ENTRY DEADLINE FOR CLUB DAYS</b>	2	3	4
5 Club Meetings: BC/LS	6 Club Meetings: ECFA Meeting	7	8	9 Extension Board Meeting - EW	10 <b>OFFICER TRAINING</b>	11
12 Club Meetings: WCV	13 Club Meetings: RS Fairboard	14	15	16	17	18
19 Club Meetings: AC/WW/FC/SF EW Jr. Leaders	20 Club Meetings: CL Club Meeting EW Council	21	22	23	24 Christmas Eve <b>OFFICE CLOSED CHRISTMAS HOLIDAY</b>	25 Christmas
26 Club Meetings: EH/TT	27 Club Meetings: RS Jr. Leaders <b>OFFICE CLOSED</b>	28 <b>OFFICE CLOSED</b>	29 <b>OFFICE CLOSED</b>	30 <b>OFFICE CLOSED</b>	31 New Year's Eve <b>OFFICE CLOSED NEW YEAR'S DAY HOLIDAY</b>	

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