

4-H UPDATE

4-H Grows
Here

Midway District 4-H Newsletter

MIDWAY DISTRICT 4-H PROGRAM represents
ELLSWORTH AND RUSSELL AREA 4-H CLUBS

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RUSSELL OFFICE
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Hi, my name is Kaitlin May and I am the new office professional at the Midway Extension District in Russell, KS! I am so glad to be working with such amazing people in this K-State office.



I grew up in Ellsworth, KS as a non-accredited private school student. (Or Homeschooled as some call it.) I recently graduated this 2022 year in August and plan on continuing my education at Barton Community College. Then eventually transferring to a university and majoring in Marketing and Business.

I have plenty of interests outside of work, including but not limited to; graphic designing, learning American Sign Language and reading. I will always choose to spend time with family and friends over any of those things though.

I do not have a background in 4-H but I am very excited to learn more about what 4-H is, what it is for, and eventually love it as part of my life!

Many people know my smiling face from working at the coffee shop in Ellsworth or from working with Ellsworth County Economic Development as an intern. If you ever get curious about what I'm up to, you can always pop into the extension office, say hello, and see what information the Midway District Office has to offer you!



Russell Report



2022 RS County 4-H Council Officers

President
Kierra Eck

Vice President
Hope Lumpkins

Secretary
Teagen Pfeifer

Treasurer
Conner Miller

Reporter
Emma Karst

4-H Council Meeting
January 23 at 7:00pm

Be prepared for these
meetings with officer and
committee reports!

Russell Fair Board
Meeting
January 9 at 7:00pm

4-H Junior Leaders
January 29 at 6:00pm

2022 Project FAIR



December 11, 2022
Russell 4-H Building
702 Fairway Dr, Russell, KS 67665

**Come learn about a new
project or learn more about
a project you are enrolled in.**

Cloverbuds are welcome attend

**Photography | Visual Arts |
Sewing | Cooking | Rockets |
Robotics | Talking to the Judge**

RSVP with the link provided
by December 6th

https://kstate.qualtrics.com/jfe/form/SV_aacXYPcsAjcSd1k

K-STATE
Research and Extension





Ellsworth Events



2023 EW County 4-H Council Officers

President
Rebekah Vague

Vice President
Trenton Hays

Secretary
Josey Norris

Treasurer
Sam Thielen

Reporter
Molly Ehrlich

4-H Council Meeting
February 27 at 6:30pm

Be prepared for these
meetings with officer and
committee reports!

Fair Association Meeting
December 5 at 6:30pm

4-H Junior Leaders
TBD



Shooting Sports

is about
to start. Keep an eye out
for more information



Junior Leaders

If you are 12 years or older
and enrolled in the
Leadership project, be sure to
contact Junior Leaders
advisor, Kristin Haase for
more
information!



Family Resource Page



Many of the events and paperwork- most definitely the paperwork- for 4-H can be overwhelming for new 4-H families! This page will be used to highlight things that may be helpful to know in regard to upcoming events, deadlines, and necessary documents. Your Club Leader is also a great resource!

What is the Favorite Foods Show?

The Favorite Foods show combines planning an event with learning about nutritional value and setting a table. The Extension Office has a handbook that can provide additional information. This can be found [HERE](#).

- Pick a dish that is your favorite! It can represent any course of a meal. You will need to have the recipe turned in by January 12th.
- Pick a theme and create an event based off of your recipe.
- Plan your place setting (card table-sized) to tie into your theme.
- Plan your menu around your theme and particular favorite recipe.
- On January 29th, you will set up your place setting, include your menu, and prepare your selected recipe. During a consultative judging, you will have the opportunity to share your idea, recipe, and place setting with a judge for constructive feedback.



Favorite Foods Show coming January 29!



What is Club Day?

Club Day is an opportunity for 4-H members to demonstrate their talents in several different areas in front of judges and other 4-H members and families. Club Day will be held Sunday, February 27. Members must be enrolled in 4-H Online by December 1 to participate in Club Day. Club Day entries are due to the extension office by Wednesday, January 26. There is also a handbook for this available at the Extension office and on our website [HERE](#).



Categories include:

- Project Talk
- Show and Tell
- Demonstration
- Illustrated Talk
- Public Speaking
- Talent (dancing, skits, magic tricks, etc.)
- Singing
- Instrumental Skills
- Reading
- Resume/Interview
- Model Meetings





Learning Center



LEADERS.... DID YOU...

REVIEW

- 4-H Update Important Dates/Deadlines (Calendar)

TO DO

- Check mailbox at the Extension Office
- Report from 4-H Council Meetings
- Provide any leadership changes to the Extension Office ASAP
- Update Volunteer Renewal information

PROMOTE/RECRUIT

- 4-H members: ask a friend to attend meetings
- Encourage current 4-H members to review and complete applications for KYLF, Citizenship in Action, Citizenship Washington Focus
- Remind all 4-H members and parents who are volunteers to enroll via 4-H Online
- The Extension Office has a copy of the Cloverbud handbook for each club-please provide this resource to your club Cloverbuds
- Provide officers and clubs leadership updates as soon as possible to the Extension Office



Volunteer Renewal



Leaders-It is time for annual or three-year renewals!

To renew, simply go to 4-H Online and reenroll for the new year (just like you reenroll your youth participants).

If you need to do your background check through the state again (this is done every three years), no work is required by you! Our office gets that list to the state and the state reruns the background check! We won't do this until you are an active member in our 4-H Online system, however.

Please remember that without updated information on file, clubs can be in jeopardy. Providing a safe, healthy environment for youth is one of the most important jobs that leaders can provide and this is one of the steps in that process.

The link to the Volunteer page is [HERE](#).

Thank you for your prompt attention to this important step in leading the youth of the Midway District

Regional Project Record Form Screening

We are looking for volunteers to help at Regional Project Record Form screening on Friday, January 20 in Hays. Each extension unit may send a maximum of three adults to judge award portfolios times the number of counties that comprise the district. this is a great way to understand the process better and help select the strongest candidates for state review. If you are interested, please let Karrie know by January 2 so that you can be registered.



4-H in the News



Sunflower 4-H Club was 1st in the Russell County Christmas Parade. Congratulations Sunflower 4-H!

Kierra Eck attended the Kansas Youth Leadership Forum at Rock Springs Ranch on November 19-20, 2022.

Workshops included Leadership, Setting goals, Exchange program, Navigating Diversity in Agriculture, Know Yourself, Grow Yourself, and so much more!

Additionally, Kierra applied for and was selected as one of five delegates to represent North West district as part of Kansas 4-H Council. This is one of the highest honors you can receive in 4-H! Great job, Kierra!



If you have Club News that you would like to share, please forward it to Karrie and we will publish it on this page as space allows.



4-H Happenings



FAVORITE FOOD SHOW

January 29, 2023 at 2:00PM

Russell 4-H Building
702 Fairway Dr, Russell, KS 67665

For more information visit:
[Favorite Foods Show Handbook](#)

Recipes are due to the Extension Office
by January 11th at 5:00pm



4-H and Extension are committed to making all services available to all people. Accommodations for people with disabilities may be requested by contacting the local Extension office at 785-833-3107. Notify staff at least 10 business days in advance.

Chat, Don't Snap.

Enhance your leadership and communication skills through Civil Discourse. This workshop is hosted by Ellis County 4-H Council for all area high school students.



Event Entertainment:
The Peterson Farm Brothers!
Farmers, Singers, Songwriters.



Event Keynote:
Dr. Lori Kniffin, FHSU!
Assistant Professor of Leadership Studies
Expert in civic leadership & dialogue



- Free T-Shirts to the first 100 registered
- Refreshments
- Prize Drawings



FHSU Memorial Union
Sunday, December 4, 2022
1 PM - 5 PM



Scan the QR code to sign up and see the event schedule!

Registration deadline: November 22

For more information: elliscounty4hcivildiscourse@gmail.com

Sponsors: Dane G Hansen Foundation, Midwest Energy Community Fund, Lang Diesel, eyeSMILE Vision & Dental, Hays Optimist Club, Redeem Designs, Hays Kiwanis Club, Ellis County 4-H Council, FHSU Department of Leadership Studies



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2023 4-H Horse Panorama

will be held Saturday, January 28 at the K-State Salina campus.

Registration will open in early December and is due January 10, 2023 and is projected to be completed through 4HOnline. Additional information is forthcoming.

Save the Date

Spring Weigh In

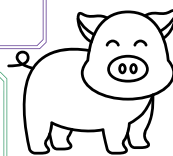
February 18, 2023 at

Ellsworth Animal

Health 8-11am

February 19, 2023 at Russell

Livestock Sale barn- 2-5pm



JUNIOR SWINE AND MEAT GOAT PRODUCER DAYS

K-State Junior Swine Producer Day is Saturday, March 11. Junior Meat Goat Producer Day is Saturday, March 18. Both events take place in Weber Arena on the Kansas State University campus in Manhattan. These educational events are organized by the K-State Youth Livestock Program. All ages and skill levels are invited to increase knowledge related to the goat project. Registration is due in February at

<https://commerce.cashnet.com/KSUASIND>.



Upcoming Events



December 1

4-H Online Entry deadline
for Club Day

December 11

Russell County Junior
Leaders Project Fair

December 26-30

Office Closed for Christmas
Holiday

January 2

Office closed for New Years
Day Holiday

January 11

Favorite Foods Show Recipe
Deadline

January 25

Club Day Entries Due

January 29

Favorite Foods Show

February 19

Ellsworth Beef Weigh-in
8:00-11:00

February 20

Russell Beef Weigh-in
2:00-5:00



www.facebook.com/Midway4H
www.facebook.com/MidwayKSRE



@Midway4H @MidwayKSRE



@ksre_midway

If you would prefer receiving this newsletter via mail (in addition to the email and posted version), call the Extension Office at (785) 483-3157 and we will add you to the mailing list.

Upcoming Events: Be sure to regularly check the Midway District website for upcoming shows and clinics.

www.midway.k-state.edu/events/areashows.html

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December 2022

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,
LS-Lonestar, SF-Sunflower, SS-Shooting Sports,
TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 4-H ONLINE ENTRY DEADLINE FOR CLUB DAYS	2	3
4 Club Meetings: BC	5 Club Meetings: ECFA Meeting	6	7	8 Extension Board Meeting - EW	9	10
11 Club Meetings: WCV	12 Club Meetings: RS Fairboard	13	14	15	16	17
18 Club Meetings: AC/WW/LS/SF EW Jr. Leaders	19 Club Meetings: CL Club Meeting EW Council	20	21	22	23	24 Christmas Eve
25 Christmas Club Meetings: EH/TT	26 Club Meetings: RS Jr. Leaders OFFICE CLOSED	27 OFFICE CLOSED	28 OFFICE CLOSED	29 OFFICE CLOSED	30 OFFICE CLOSED	31 New Year's Eve

January 2023

AC-Ash Creek, BC-Big Creek, CL-County Liners, EH-Elkhorn,
LS-Lonestar, SF-Sunflower, SS-Shooting Sports,
TT-Trying Tommies, WW-Wilson Winners, WCV-Wolf Creek Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Year's Day Club Meetings: BC	2 OFFICE CLOSED NEW YEAR'S DAY HOLIDAY Club Meetings: ECFA Meeting	3 I changed the dates and moved the info on the 1 st and 2 nd . The rest needs to be moved		4	5	6
8 Club Meetings: WCV	9 Club Meetings: RS Fairboard	10	11 FAVORITE FOODS RECIPE/ENTRY	12	13	14
15 Club Meetings: AC/WW/LS/SF EW Jr. Leaders	16 ML King Day Club Meetings: CL Club Meeting	17	18	19 Extension Board Meeting - RS	20	21
22 Club Meetings: TT/EH	23 Club Meetings: RS Council	24	25 Club Day Entries Due	26	27	28
29 FAVORITE FOODS SHOW	30	31				

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